



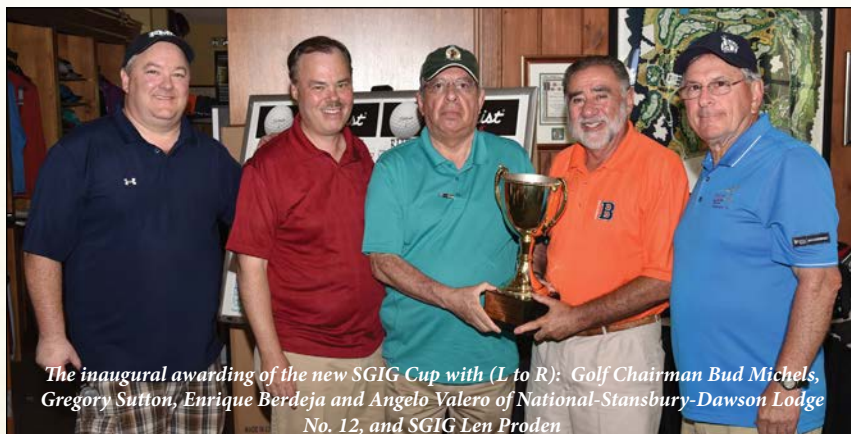
# SCOTTISH RITE PROGRESS

SCOTTISH RITE of FREEMASONRY, VALLEY of WASHINGTON, ORIENT of the DISTRICT of COLUMBIA

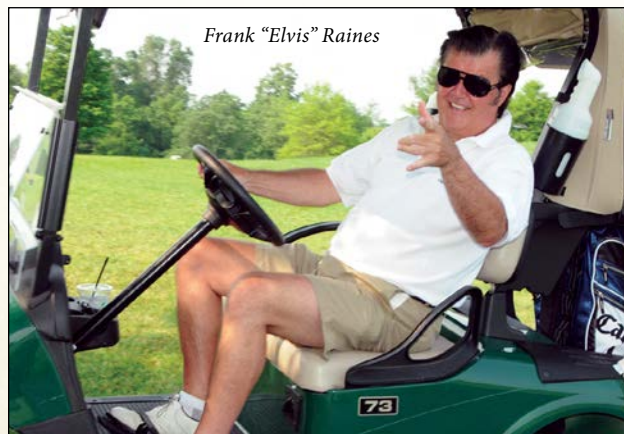
VOLUME 9 NO. 4 | SUMMER 2015

## DC Scottish Rite Foundation Golf Outing

Coverage on Page Four



The inaugural awarding of the new SGIG Cup with (L to R): Golf Chairman Bud Michels, Gregory Sutton, Enrique Berdeja and Angelo Valero of National-Stansbury-Dawson Lodge No. 12, and SGIG Len Proden



Frank "Elvis" Raines

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### SGIG's MESSAGE

Happy Summer. I hope this special summer edition of the Progress finds each of you enjoying your favorite leisure activities. Whether you are at the beach, the pool, gatherings of friends/relatives, on the golf course, engaged in travel or just enjoying some down time — we look forward to greeting you, fully rested and ready, at our first meeting after the break on September 8th. Here at the Rite our activities have accelerated since the conclusion of our last June meeting with our primary focus being the 2015 Biennial Session. It is at this time that the Southern Jurisdiction's Supreme Council meets at the House of the Temple to review and ratify all the happenings and activities that have occurred during the two years since the last Session. All of our reports, membership activities, financial and accounting transactions of the Lodge, Foundation and NATO Body Club have been submitted to the Supreme Council by our General Secretary. Another function of the Supreme Council is the consideration and election of Brethren of our Orient who have been nominated for either coroneting as an Inspector General Honorary (33°) or investiture as a Knight Commander of the Court of Honour (32° KCCH). This vote has already taken place in recess and we are pleased to congratulate our Honor Men for 2015 whose names appear on page five of this issue.



Ill. Leonard Proden, S.G.I.G.

Your annual dues notice, which will arrive in your mailbox sometime in September, is generated and mailed by the House of the Temple; however your payment should be sent to the DC Scottish Rite by December 31st. We have increased our dues to \$95 for all our members. Those in attendance at our Tuesday meetings know I have a standing question for visitors from other Valleys: "How much are your dues?" Without fail the answer always ranges from \$120 to \$150. Given the challenges of managing our Valley's operations and an aging Temple, an increase was long overdue. We commissioned a dues analysis and tasked our trustees with conducting a dues study. Each endeavor reached the same conclusion, however I have been reticent to accept their recommendations — but the time has come. We can all take pride in having a truly outstanding Valley and Orient. Dues are a key factor in the maintenance of such. Should you wish to express comments or opinions, you are welcome to contact me directly, or alternatively, our Secretary or our Director of Membership.

Thank you for your continued support of Scottish Rite Freemasonry.



## 2015 SPRING REUNION



**Front Row, L to R:** Eloi Kpamegan; Matthew Matyjek (class secretary); Tahir Johnson (class president); Messanvi Adjogah; Walter Hoenes; Paul Barry – DC Orient Deputy, United Supreme Council; Charles Iversen, SGIG Emeritus; Len Proden, SGIG of Washington DC; Carroll Collins, General Secretary; Philip Palmer, Sr.; Marlon Curtis; Mark Wright; Teddy Karefa-Smart; Brad Andrukitis. **Row 2, L to R:** George Perez, Richard Mendez, Frederick Cheeseborough III, Gerard Rene, Love Smith, Alex Flores, Sleiman Gebran, James Cunningham, Galinsky Smith, Wilson Douyon, Claude Antoine, Harold Douyon, Robb Mitchell, Bruce French. **Row 3, L to R:** Pierre Gaujard, Nikola Nikolov, Robert Franklin, Michael Grierson, Boundouka Conde, Patrick Haddad, Jean-Claude Eugene, Robert Collins, Charles Grierson, Areg Hayrapetyan, Gary Goosman. **Row 4, L to R:** Scott Brown, Sharbel Youssef, James Hamby, Pedro Guerrero, Damian Clement, Adam Lowe, Kevin Coy, Gary Robinson, Justin Rattey, Lambros Kapoulas.



*The 2015 Spring Reunion was dedicated in memory of two of our recently departed Brethren, Ill. M. Russell Stogsdill, 33° and Ill. Benjamin Han Lim, 33°*



*Feast of Kadosh: The Reunion concluded with food, wine, and fellowship.*



*New Masters of the Royal Secret, L to R: Patrick Haddad, Lambros Kapoulas, Sharbel Youssef*



## MEMBERSHIP FEES for 2016

In order to better serve our membership in an increasingly challenging operating environment, the Valley of Washington has made the difficult decision to raise annual dues. We have held the line as long as possible—so much so that this is the first dues increase in more than ten years. But even as we find ways to do more with less, we must face the hard reality that we need to raise dues to continue providing you with the extensive and high quality membership benefits you have come to enjoy and expect with the DC Scottish Rite. The annual membership fee for the Valley of Washington, beginning in the 2016 dues year, has been increased to \$95.00, and will be reflected on the statement that you will receive from the Supreme Council in the September-October timeframe.

In 2016, the Endowed Life Membership (ELM) fee will also be increased, and will be equal to twenty times the then-current annual dues amount. Thus, the ELM rate for 2016 will be \$1900.00. With an ELM you never pay dues again while making an investment in the future of Scottish Rite Freemasonry in the nation's capital. You'll receive all the benefits of regular membership for as long as you live. It's an exceptional value and an easy way to make sure you've always got the Scottish Rite as your wingman. Brethren wishing to avail themselves of an ELM at the current rate of \$1300.00, or those currently enrolled in an ELM payment plan, must pay this amount in full prior to December 31, 2015.

Fulfilling our mission to deliver the best possible Reunion experience for our newest members also necessitates a very modest increase in our Petition fee. Beginning with the Spring 2016 Reunion, the fee to Petition for the Scottish Rite Degrees will be \$495.

We truly value your membership in the Valley of Washington and are committed to providing you with a quality Scottish Rite experience.

## IS YOUR CARD VALID?

If your Scottish Rite membership card is not sporting the current year's validation sticker, perhaps you have not yet paid your dues. Please remember that your timely payment of dues signifies your dedication as a Scottish Rite Mason, and is critical in supporting the Rite's mission and smooth card. Please remember that dues are payable in advance and should be submitted prior to the start of the dues year. For instance, 2016 dues are to be paid NO LATER THAN December 31, 2015. So, take a second to look at your card. Is it valid and up to date? Do you still owe dues? If you have already paid your dues for this year — thank you!



## IN and ABOUT the TEMPLE

Upon your return in September, you will be greeted by a completely refurbished elevator, as well as a few other improvements: one of which is a ramp at the east door to the upstairs lodge room. The step at that access point has always been problematic, entering and exiting, both for the agile, and those not so fleet of foot. Hopefully, the new ramp will alleviate that situation!



Carroll J. Collins, 33°  
General Secretary

We have also begun to move forward with replacing the incandescent lighting in the auditorium and 16th Street foyer, which will both improve the illumination, and reduce the cost of operation. The first phase of this project will be completed prior to our Valley team's conferral of the 33° on August 25th. Our ultimate plan is to continue replacing all of the lighting in the building with something more energy efficient, and with a longer life.

Another item of improvement being tackled during our meeting hiatus is to have the pipe organ thoroughly tuned and registered. The cost of a full restoration of this 75-year-old instrument is substantial, and unless there is an "angel" among you that would be willing underwrite that cost, it is not in our near-term plans. By doing the work that is currently planned, we hope to establish a real baseline to better understand where we need to go with it in the future. Please bear in mind that a not insignificant part of maintaining the health of the organ is to have it regularly played, and I would welcome any among the Brethren who have that ability to step up and help in that regard.

## In Memoriam



*Those things that survive us – our works, our words, our immortal thoughts, our influences and the effects of our good deeds, are more to the world that survives than are we ourselves.*

We mourn the passing of the following Brethren, who have been reported Entered into Rest since the last issue:

Name/Degree	Date Joined Scottish Rite	Date of Death
Ira V. Baily, 32°	02/24/1948	04/03/2014
Homer S. Bloodworth, 32°	10/15/1946	01/20/2013
William D. Boker, 32°	10/26/1964	05/15/2015
Jerry W. Carter, 32°	05/16/2003	05/04/2015
Peter P. Eisner, 32°	10/26/1974	08/04/2013
Charles S. Hodge, 32°	11/17/2006	06/23/2015
Severine G. Leoffler, Jr, 32°	02/24/1948	04/08/2014
Quinton N. Marsh, 32°	03/18/1952	12/22/2014
Edwin F. McQuay, 32°	10/24/1981	05/09/2015
Charles H. Menke, 32°	03/03/1964	02/24/2013
Carl W. Moreland, 32°	03/12/1960	06/01/2014
Glynn H. Owens, 32°	10/17/1968	05/20/2015
A. Earl Shocky, Jr., 32°	03/26/1968	04/12/2015
Jens E. Steensen, 32°	05/14/2004	05/14/2015
William A. Willis, Jr., 32°	05/01/1992	03/30/2015
Richard H. Wright, 32°	04/26/1975	01/12/2015
William H. Wymer, 32°	10/15/1960	04/02/2015



## DC SCOTTISH RITE FOUNDATION GOLF OUTING



**Clockwise from left:** Angelo Valero and Gregory Sutton; Winning Team, L to R: SGIG Len Proden, Steve Novak, Grant Berning, Gordon Sampson, and Golf Chairman Bud Michels; Jeff Schilling is happy to Play Golf for the Kids; Anika Otcovsky and Melissa Matthews of Eastbanc, Inc.

This year's DC Scottish Rite Golf Outing was on Wednesday, June 10th, at the Whiskey Creek Golf Club in Ijamsville, MD. Although not as many players as last year, we still managed to raise about the same money as then for our Center for Childhood Language Disorders. Our SGIG, Len Proden, was on the winning foursome, which qualified to go to the 2016 Liberty Mutual Invitational at Pinehurst, NC.

As with last year, the players enjoyed a light "knosh" before play began, hot dogs and beverages during the afternoon, and a buffet lunch afterward. Prizes were awarded in several categories and there were a number of door prizes. A 50/50 raffle, and a silent auction of various sports memorabilia were also held after the meal. A new award, known as the "SGIG Cup," went to the DC Blue Lodge team with the best score. The 2015 award was made to National-Stansbury-Dawson Lodge No. 12.



**Back Row L to R:** Richard McCann, Frazier O'Leary, Willee Lewis, Len Proden  
**Front Row L to R:** Morowa Yejidé, Susan Eisenhower, Rachel Broudy, George Pelecanos

### PEN/FAULKNER 2015

Ms. Susan Eisenhower moderated a panel that included local authors supporting the PEN/Faulkner Foundation's Writers in Schools Program at the DC Scottish Rite on June 2nd.







**Top row:** Nancy Lanham, Bonnie Forman, Barbara Proden; TinTin Raschid  
**Middle Row:** Alina Garcia-Lapuerta, Jeanne Dushel; Alma Bridegum; Jodi Flynn, Rita Michels, Christina Walker-Collins, Judy Fletcher, Maryann Nicholas.  
**Bottom Row:** Alina Garcia-Lapuerta, Willee Lewis; Debbie Curtis and her mother, Mary Mickens

On May 30th, the DCSR hosted its annual Ladies' Tea for the widows of our deceased Brethren, and the significant others of notables of the DC Masonic community. Forty-four ladies attended the event at the Normandie Farms Restaurant in Potomac, where Ms. Alina Garcia-Lapuerta discussed the subject, research, and preparation of her recently published biography, *La Belle Créole*. The PEN/Faulkner Foundation's executive director, Ms. Willee Lewis, made the arrangements for Ms. Garcia-Lapuerta's appearance.

Prior to the program, the ladies were treated to the restaurant's rendition of an afternoon tea, which included their signature popovers, and a dessert selection of *petits fours*. Afterward, each of the attendees received a copy of *La Belle Créole* personally inscribed by the author, and a few lucky ladies won door prizes. DCSR's "official florist," Tin Tin Raschid assembled a beautiful floral bouquet for presentation to the author.

## 2015 BIENNIAL HONORS

Congratulations to the  
 2015 Biennial Honourmen from the  
 Orient of the District of Columbia

### INSPECTORS GENERAL HONORARY (33°)

Messanvi R. Adjogah  
 Fred W. Evans  
 Walter R. Hoenes  
 J. Phillip London  
 E. Dale Michael, Jr.  
 Bernard J. Michels  
 Jeffrey D. Russell  
 Mark A. Wright  
 Luke Young



### KNIGHTS COMMANDER of the COURT of HONOUR (32° KCCH)

David L. Andrukitis	Michael D. Nicholas
Michael Arroyo	Gerald W. Peeters
Kevin C. Baker	Charles A. Phillips
Walter P. Benesch	Mark H. Polansky, Sr.
Edward J.M. Challita	Franklin L. Raines, Jr.
Lewis B. Charak	Leslie O. Rogers-Wright
Uzo E. Chukwu	Terry L. Royce, Sr.
Luis G. Cisneros	Victor E. Sack
Douglas N. Cohen	Gilbert E. Sayoc
Morgan P. Corr	Maurice A. Scott
Austin T. Curtis	Michael A. Sheets
Benjamin S. Eckert	Edgar A. Tillman
Robert B. Heffelfinger III	Charles D. Torgerson
Richard E. Henry	Joseph M. Van Name III
Daniel A. Huertas	
David M. Huertas	
Thomas S. Johnson	
Annas F. Kamara	
Richard L. Lamarre	
Anthony M. Lanier	
Dale L. Lindgens	
Patrick D. Mason	
Nicholas J. McIntosh, Sr.	
Richard L. Mendez	
Robb C. Mitchell	
Basil N. Mossaidis	





## THE HOUSE of the TEMPLE CENTENNIAL

Not only is 2015 a year for the Supreme Council's Biennial Session, it also marks the centennial anniversary of the House of the Temple, our near-neighbor to the south on Sixteenth Street. This "stately edifice," located a little over a mile from the White House, was designed by noted architect John

Russell Pope as his first monumental commission, and serves as the home of the Supreme Council for the Southern Jurisdiction of the United States of America.



This year, the House of the Temple Dedication Reenactment will be held on Saturday, August 22nd, preceding the Biennial Session. While not likely to be quite as grand as the events of October 18, 1915, an all-day program is planned that includes a garden party, tours, and a banquet. More specific details, and registration information may be found on the website at [scottishrite.org/2015/03/registration/](http://scottishrite.org/2015/03/registration/).



*The House of Temple under construction in 1913  
(From the Archives of the Supreme Council, 33°, SJ, USA)*

## SCOTTISH RITE GETS MUDDY... Again!

**A report from Daniel Huertas, 32° and Dmitriy Minin, 32°, Co-Leaders, DC Scottish Rite Tough Mudders**

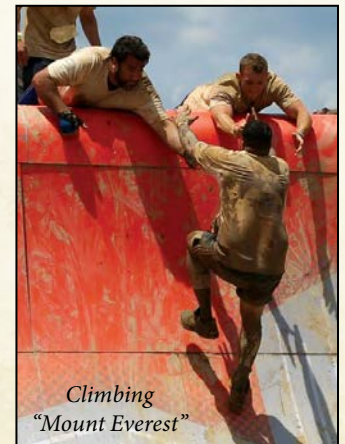
The June 14, 2015 Tough Mudder in Doswell, Virginia was a great success! Our DC Scottish Rite team was almost three times the size of our last year's team, but the numbers did not dilute the camaraderie one bit. In fact, it felt even more inspiring, empowering, and just plain fun to be so strong in numbers! As this is a charity fundraiser, the larger team meant that we raised even more money this year in support of wounded warriors. Everyone did a phenomenal job at giving all they had and getting muddy! Although the run is long and the obstacles are, well, tough, we have found that the camaraderie that is built through this race is worth every sore muscle and bruised knee. Not only do we commit to helping those on our team, but once the race begins all runners have the same goal, and will help anyone who needs it along the way. The constant support we received from our spectators was a key factor in our success and we are very grateful.



*The DC Scottish Rite Team at the Capital Region Tough Mudder Event  
June 14, 2015*

The "Mud Mile", where you help each other move from chest-high pools of water over vertical mounds of mud, requires superior teamwork. Although many of us would consider it the most challenging obstacle, it is also the most rewarding. The "Arctic Enema", more simply known as the ice bath, was more refreshing

this year than in the past due to a 110 degree heat index, but it was still difficult to get through. After running five miles, your warm muscles are shocked into this 34 degree ice water and for a second it seems as they forget how to function. As we completed each obstacle, we gained a bit more confidence and satisfaction that we were getting closer to the finish line. After trudging through a course filled with mud, electric wires and ice baths, we finally crossed the finish line, and we did it as a team.



On behalf of the entire team, we thank the DC Scottish Rite for the opportunity to participate and represent the Rite at such a great event and we are already hoping for a similar opportunity soon again!



*"We few, we happy few, we band of brothers"*



## VMAP UPDATE

### Introducing the “VMAP Snapshot”

Do you have a great photo of a recent Valley activity that highlights our Valley's public image or commitment to philanthropy? If you have snapped that perfect photo, send it to us at [membership@dcsr.org](mailto:membership@dcsr.org) for a chance to be featured in an upcoming issue of the Supreme Council's VMAP Working Tools newsletter. This is not meant to be a contest, but a fun and creative way to connect with fellow VMAP Valleys.

For more information and to become empowered as a VMAP team member, contact **Brother Bradley D. “Brad” Andrukitis, 32° KCCH**, at [kitis007@aol.com](mailto:kitis007@aol.com).

For general information and resources about VMAP, and to sign up for the VMAP Working Tools e-newsletter, go to [scottishrite.org/vmap/](http://scottishrite.org/vmap/).



### AN OPERATIVE MASON at WORK

Brother Edward J. Adams, 32°, a member of DC's Freedom Military Lodge No. 1775 received his Scottish Rite Degrees in Fall 2013. While many of you have enjoyed fellowship with “Ed” at our Valley's Tuesday night meetings, you perhaps may not know that he is an experienced operative stone mason. Ed had made cut special stones for several area blue lodges. For more information on Brother Adams' work, you may contact him directly at [RambleRoad@yahoo.com](mailto:RambleRoad@yahoo.com) or (443) 875-7867.



Ed Adams engraving letters on flagstone



The finished product presented to Freedom Military Lodge No. 1775

### CEREMONIAL OF INVESTITURE of the RANK and DECORATION of KNIGHT COMMANDER of the COURT of HONOUR

SEPTEMBER 12, 2015  
10:00 AM

WASHINGTON DC  
SCOTTISH RITE CENTER  
2800 16TH STREET NW



*This is an open Ceremonial ~ Guests are welcome*

### ALLYN KILSHEIMER to SPEAK at SEPTEMBER 8TH MEETING

Our first program after the summer break will be a presentation by Mr. Allyn Kilsheimer, P.E., the Chief Structural Engineer on the rebuilding of the Pentagon after the September 11, 2001 terrorist attack.

An internationally known and respected figure in disaster recovery, Mr. Kilsheimer's talents have been employed on some of the significant catastrophes in the past thirty years, including the Mexico City earthquake in 1985, the first terrorist attack on the World Trade Center in 1993, and the Oklahoma City bombing in 1995.



A longtime resident of the District metropolitan area, and a graduate of George Washington University, Mr. Kilsheimer is CEO of KCE Structural Engineers PC, a company he started “in a closet” during the late sixties. He and his company have an impressive portfolio that includes some of the most notable construction projects in the DC-area. We trust you will find Mr. Kilsheimer's direct, plainspoken style very engaging and enjoyable.

### Save the Date! VALLEY of WASHINGTON FALL 2015 REUNION



November  
6-7, 2015



# SCOTTISH RITE CALENDAR

August through November 2015

## August 2015

22-25 BIENNIAL SESSION – CENTENNIAL JUBILEE

25 33° Degree Conferral Ceremony – Valley of Washington

No scheduled meetings of the Washington Valley in August 2015

## September 2015

1 No Meeting of Mithras Lodge of Perfection (Summer Recess)

7 LABOR DAY (HOLIDAY – Office Closed)

8 AMERICANISM PROGRAM: Mr. Allyn Kilsheimer 7:30 PM  
“Rebuilding of the Pentagon after 9/11”

12 Knight Commander of the Court of Honour 10:00 AM  
Investiture Ceremony

15 Robert de Bruce Council of Kadosh 7:30 PM

22 Albert Pike Consistory 7:30 PM

## October 2015

6 Mithras Lodge of Perfection 7:30 PM

12 COLUMBUS DAY (HOLIDAY – Office Closed)

13 FEAST OF TISHRI (RSVP required) 7:00 PM  
Scottish Rite Members Only

20 Robert de Bruce Council of Kadosh 7:30 PM

27 Albert Pike Consistory 7:30 PM

## November 2015

3 Mithras Lodge of Perfection 7:30 PM

### ~ FALL REUNION ~

#### November 6, 2015

Registration ..... 4:00-5:15 PM

Recess to Saturday ..... 9:15 PM

#### November 7, 2015

Class Reports; light breakfast ..... 8:00 AM

Reunion concluded with Feast of Consistory. .... 7:30 PM

10 Evangelist Chapter of Rose Croix 7:30 PM

11 VETERANS DAY (HOLIDAY – Office Closed)

17 Robert de Bruce Council of Kadosh 7:30 PM

24 Scholarship & Education, and Community Service 7:30 PM  
Awards Program

26 THANKSGIVING DAY (HOLIDAY – Office Closed) 7:30 PM



# Your Good Health Tip

“Mad dogs and Englishmen go out in the midday sun.”

Noel Coward, in his popular 1931 song, “*Mad Dogs and Englishmen*”, described the good sense most inhabitants of the tropics have in avoiding exposure to the sun when at meridian. In the twenty-first century that midday sun is even more intense and we know more about the damage it is doing to our health.

Men, much more than women, fall short in skin cancer knowledge and prevention — and men are paying the price. In a new survey, just 51 percent of US men reported using sunscreen in the past 12 months, and an alarming 70 percent did not know the warning signs of skin cancer. “The survey results confirm what I see in my practice every day — men just aren’t incorporating sun protection into their lives,” said Joshua Zeichner, MD, assistant professor of dermatology at Mount Sinai Medical Center in New York City. “The findings are especially concerning for men over age 50, who are more than twice as likely as women to die from melanoma.” Exposure to the sun’s ultraviolet (UV) radiation is associated with the vast majority of skin cancers, making a regular sun protection regimen an important part of a healthy lifestyle.



The truth is, with a few minor lifestyle adjustments, men (and women) can easily reduce their skin cancer risk to a minimum, without sacrificing time outdoors. Here’s how:

- Seek the shade between 10 AM and 4 PM, when the sun is most intense. Schedule outdoor activities such as yard work, running errands, sports, and walking the dog in early morning or late afternoon.
- Cover up with clothing, including a broad-brimmed hat and UV-blocking sunglasses. Most skin cancers develop on skin that receives a lot of sun exposure. Long pants and long-sleeved shirts cover more skin. And while a baseball cap is better than nothing, it’s far better to wear a broad-brimmed hat (like an outback or bucket hat), which will shade the often exposed neck and tops of the shoulders as well as the face. Close-fitting, UV-blocking sunglasses help protect the eyes and surrounding areas.
- Wear a broad spectrum (UVA/UVB) sunscreen with an SPF of 15 or higher every day. For extended outdoor activity, use a water-resistant, broad spectrum sunscreen with an SPF of 30+. Apply one ounce 30 minutes before heading outside, and reapply every two hours, or immediately after swimming or sweating heavily.
- Examine your skin head-to-toe every month. If you spot suspicious lesions, you increase your chances of detecting skin cancers at an early stage, when they are easiest to cure. Take the time to learn how to perform skin self-exams.
- See your physician every year for a professional skin exam. Just 21 percent of the survey’s male respondents said they were likely to see a medical professional for a skin exam this year!

The information provided in this issue’s Good Health Tip is courtesy of the Skin Cancer Foundation (SkinCancer.org).



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