

### Scottish Rite of Freemasonry

ALLEY OF WASHINGTON, ORIENT OF THE DISTRICT OF COLUMBIA, S.J.



## The III. William Charles Miskovic, 33° Memorial Reunion

### DC Scottish Rite Temple, April 13, 2019

#### PICTURED ABOVE:

**Front Row, L to R:** Pierre Gaujard, Messanvi Adjogah, Walter Benesch, Mark Wright, Brad Andrukitis, Daniel Matsumoto, Len Proden, Carroll Collins, Ryan Miskovic, Bruce French, Marlon Curtis, Richard Mendez, Jack Campbell, Philip Palmer, Sr.

Row 2, L to R: Charles Wagner, Donald Holliday, Keenan Ward, Michael Minnick, B. Leonidas Achidi, Roger Abi-Chmouni, John Curley, Ronald Cunningham, T. J. Bell, Maurice Feghali, Jules Tepper, Akram Elias

Row 3, L to R: Grant Berning, Cecil Riddle-Koroma, Arnaud Kotingan, Raymond Stewart, Bassem Kaissi, Vincent Onana, Valentin Biaou, Ramzi Abou Ismail, Richard Bautista, Bilal Raschid, Koffivi Sedzro

Row 4, L to R: David Andrukitis, Ricardo Estrada, Marcelino Casapao, Charles Shaw, Hamza Awad, George Metz, Frank Ireton, Adam Jaffe, Fritz Innocent, Jr., Egerton Peters-John, Jean-Paul Akiki

**Row 5, L to R:** Bryan Berning, Alexander Arias Rivas, Michael Breder, Karl Hopkins, Milos Jankovic, Derek Gould, Hans Kleinguenther, Decimus Romain, Velan Tilus, Pierre Charlemagne

# OT LISH RI

VOL. 13 NO. 1 AUTUMN 2019

### IN THIS ISSUE

2019 Spring Reunion: The III. William Charles Miskovic, 33° Memorial Class1
SGIG Message 2
The Brief History of Orient Lodge of Perfection No. 2
My Vision and Thoughts on the Fourth Degree Secret Master
DC Scottish Rite 2019 Feast of Tishri 7
The 20th Degree in 1926 and 2019 8
AMSRB, Emirat Shriners, & Luftbrücke Lodge Brethren Support 70th Anniversary Celebration of the Berlin Airlift
Silva Groundbreaking12
VMAP Update
Congratulations to the 2019 Valley of Washington Honourmen13
Scholarship & Community Service Awards Program 14
New Construction Begins at the Rite15
Parking
In Memoriam 16
Your Good Health Tip
DCSR Spring Reunion 19
Scottish Rite Calendar 20





f you have yet to come by the Rite, be aware that you will see changes - both inside and outside our building, and I should like to call out a few of those differences. A new air conditioner and control system has been installed which now allows better regulation over the air conditioning and heating in the refectory and auditorium.



Illustrious Leonard Proden, 33° SGIG in the District of Columbia

Electrical systems have been updated in the

auditorium which resulted in a complete replacement of all stage lighting with LEDs. The sound booth has been expanded, and a new lighting control board installed that allows wireless operation of the new stage lighting.

Other changes and improvements continue as our staff deal with the almost daily disruptions encountered from the ongoing construction work, while continuing to do all of those things that ensure we remain at the top of Scottish Rite Valleys in the Southern Jurisdiction.

Behind our building is a huge hole where the parking lot once was, and we are attempting to minimize the inconvenience. The demolition of our Language Disorder Center has been completed, a massive volume of debris hauled away, and the foundation shoring is now in process.

Our General Secretary, Ill. Carroll Collins, 33°, has addressed your parking concerns by contracting with the premier valet parking company in DC, so you need only to pull up to the 16th Street entrance and the service takes over. A gratuity is included as part of the contract: Scottish Rite business as usual.

Change was also evident at the Biennial Session this past August. The Supreme Council met to ratify various Statute issues, confirm 33rds and KCCHs, crown three new SGIGs, and elect a new Sovereign Grand Commander. Illustrious Ronald A. Seale, 33°, had announced that he would retire at the 2019 Supreme Council Session, and Illustrious James D. Cole, 33°, SGIG in Virginia, was elected Sovereign Grand Commander of the Ancient and Accepted Scottish Rite of Freemasonry in the Southern Jurisdiction of the United States of America. No stranger to us in DC, Illustrious Cole had previously served as Lieutenant Grand Commander.

Illustrious Seale, who now assumes the title as Past Grand Commander, addressed the open session of the Supreme Council charging us all to continue to do the work of the Scottish Rite; to strive to bring order out of chaos by working together, to show brotherly love and compassion to all, and to be active participants in our Scottish Rite work.

In typical "Seale style," Ronnie made history by being the first Grand Commander to install his successor in open session; Illustrious Cole took his oath of office on the Bible given to him by his grandmother when he was a child. After administering the oath of office, Illustrious Seale informed Grand Commander Cole that he would take leave. He and his wife, Sunny, were conducted from the ballroom while receiving a standing ovation. In a peaceful transition of power, the Scottish Rite in the Southern Jurisdiction begins a new chapter. With a foundation set by eighteen previous Grand Commanders, Grand Commander James D. Cole embarks on his first term of office.

So, change is continual. I hope you like what you see happening with our building improvements and will continue to fully support our new leadership at the Supreme Council.

My thanks to each of you for your support of Scottish Rite Freemasonry.



Someone is waiting for **YOU** to invite him to be a Scottish Rite Mason.

# Don't disappoint him!

The next Scottish Rite Reunion will take place April 3 and 4 in 2020.



By Brother B. Chris Ruli, 32°

n the night of January 12, 1885, Albert Pike and members of the Supreme Council traversed Georgetown's narrow cobblestone streets enroute to the town's Masonic hall on 32nd or High Street (now Wisconsin Avenue). Pike, then Sovereign Grand Commander of the Scottish Rite for the Southern

Orient participated in the dedication of the new SR Cathedral on October 26, 1888 at 1007 G Street NW. During Orient's meeting on April 19 1888, Malcolm Seaton and Jesse Lee, who served as Orator and Master of Ceremonies respectively, petitioned to extend honorary membership to several members of Mithras including

Jurisdiction, accepted an invitation by the District's newly organized Lodge of Perfection, Orient No. 2, to attend and preside over the body's inaugural convocation and install the first class of officers.

The first indication of the formation of this new Lodge appeared in the Mithras Lodge minutes of November 18, 1884 when "Bro. T. G. Loockerman announced that a Lodge of Perfection was in the process of formation in Georgetown..." Brother Loock-

erman had been Thrice Puissant Grand Master of Webber Lodge of Perfection in Louisville, KY, and petitioned for affiliation with Mithras Lodge in January 1873. He resided in Georgetown, and had a dental practice there.

The establishment of another Scottish Rite body kicked-off a brief period in the history of the Scottish Rite when the small jurisdiction of DC operated with two Lodges of Perfection — Mithras No. 1

and Orient No. 2 — and while Orient Lodge operated for less than two decades, its brief tenure highlights a period of expansive growth for the Scottish Rite and the attempt to pilot a Lodge with unique Georgetown flair.

Grand Commander Pike installed Dr. Thomas G. Loockerman as Orient's first Venerable Master, Frederick Ritter, Jr. as Senior Warden, and George Corson as Junior Warden. Loockerman, a Past Master of Potomac (1871), secured the use of the Georgetown Masonic Hall gratis for the first six months of operation.

The Lodge conducted their initial degree work on March 14, 1885, by conferring the 4th

degree upon six candidates including Deputy Grand Master Thomas Chiffelle. One week later, on March 23, the class received their 14th degree. By June 30, 1886, Orient Lodge reported 24 members on their rolls, including sitting and future Grand Masters Jesse W. Lee (1888) and Malcolm Seaton (1902).

According to Gauker's history of the DCSR, the relationship between Orient and Mithras was amicable and supportive. Invitations between the Lodges were warmly received and members of

Affairs in West Washington. A New Lodge of PERFECTION.—The ceremony of constituting Orient Lodge of Perfection No. 2, took place at Masonic hall last night on 32d street, the following officers being installed: Dr. T. G. Loockerman, vir. master; F. W. Ritter, sr. warden; G. E. Corson, jr. warden; J. J. Beall, sec.; J. H. Schutze, treas.; Ernest Schmid, orator; Thomas Dowling, almoner; W. R. Singleton, master of ceremonies; J. T. Shaw, expert; W. C. Doores, asst. expert, and R. R. Shekell, tiler. Grand Commander Albert Pike, of the southern jurisdiction, presided, and many of the dignitaries of the Supreme Council were present. An appropriate address was made by Master Dr. T. G. Loockerman, who was followed by the grand commander. The ceremonies were closed with a banquet given at the Morgan house.

Evening Star, January 13, 1885

Grand Commander Pike, DC Sovereign Inspector General John Mills Browne, Secretary General Fred Webber, and others. Mithras reciprocated with honorary memberships for Loockerman, Chiffelle, and Ritter.

There being no Chapter, Council, or Consistory in Georgetown, a 14th Degree Scottish Rite Mason was still required to travel into Washington City to receive any "higher degrees." Curiously, Evangelist Chapter Rose Croix received their first petition

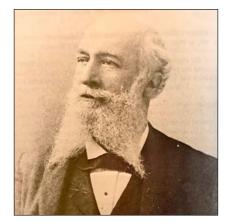
from a member of Orient in January 1889, four years after their formation. It is possible that either Orient's officers had planned to petition the Supreme Council for charters to form their own higher degree bodies or their request was pending.

By 1889, the Lodge had fell into a precarious financial situation. The Lodge took steps throughout the year to correct the problem, but this led to internal conflict and ultimately a division among its

> ranks. The tumult culminated on November 21 when the Secretary, Junior Warden, Master of Ceremonies, and Assistant Expert submitted their letters of resignation. On January 16, 1890, the remaining members elected Thomas Chiffelle their Venerable Master but failed to elect a Senior Warden after two attempts. A month later, the Lodge elected Bro. James R. Howard as Senior Warden and Frank Thomas as Junior Warden on the fourth and second ballots respectively. Chiffelle served as Venerable Master until his death in 1891, and Loockerman returned to serve as Venerable Master pro temp. The ordeal resulted in a low ebb in attendance and at their meeting in November 1892; a decision

was made to hold five additional stated communications. If participation did not improve by the end of 1893, the members would surrender Orient's charter.

Attendance improved between 1893 and 1896, but membership growth stagnated. On February 4, 1897, the following resolution was submitted for the purpose of taking action at their next meeting on February 18, 1897:



Dr. Thomas G. Loockerman First Venerable Master of Orient Lodge No. 2

"*Resolved*, that owing to the condition of prospects that confront this Lodge at the present time, it is useless to continue longer in existence as an organization and therefore its Charter, Property and Effects are hereby surrendered to the Supreme Council 33 A.A.S.R. for the Southern Jurisdiction of the United States, or to the legally authorized Deputy of said Body."

The resolution was read at their next meeting as scheduled, and after much discussion the motion was voted down. The Lodge then proceeded to elect officers for their ensuing year. V. M. Darby as Venerable Master, J. B. Thomas as Senior Warden, and J. W. Wagner as Junior Warden. Orient continued to operate for

another five years but on July 17, 1902; a second attempt was made to surrender the charter:

"Past Venerable Master, John A. Lacy, moved that the Secretary be directed to balance up all books and accounts and present a statement of the finances and conditions of the Lodge at the next regular meeting of October 16th, also to authorize and Venerable the Master to appoint a committee of three, of which the Venerable Master should be chairman, to frame and present to the members of the Lodge and notify them that action will be proposed at the stated meeting of October 16, looking to a dissolution of the Lodge, and the surrender of its Charter and effect to the Supreme Council."



First Georgetown Masonic Hall, Wisconsin Avenue. Photo Courtesy: Peabody Special Collections, Georgetown, DC

On October 1st, 1902, the committee published their circular among the brethren:

"In pursuance of [the July 17] resolution, the undersigned committee desire and state that, notwithstanding the earnest and faithful efforts of a few brethren, it has for some years past been found impossible to either maintain or advance the work of the Lodge.

Notwithstanding many promises on the part of the brethren of the Lodge, they have failed to attend its meeting and to become interested in its work; and although a number of good and worthy men have been added to its membership, it has been for some years a matter of great difficulty to secure a quorum for the transaction of business, and practically impossible to work the degrees upon candidates who have been elected to receive them. East and after remarks [...] expressed regret at being compelled to accept the Charter, etc., from the hands of the brethren, but felt sure that all had done their utmost to keep the Lodge alive, and failing, *it was the fault to circumstances over which the officers had no control.* 

Auld Lang Syne was sung, the box of fraternal assistance was passed, and the Lodge declared closed sine die by Deputy of the Supreme Council, Francis Woodman, 33°."

On December 2, 1902, Mithras Lodge of Perfection received thirteen applications for affiliation by the former members of Orient. Their application was unanimously accepted, and all were warmly welcomed into Mithras. Seven more applications were accepted a month later. The final return does note, however, that a total of 41 members were on the Orient's rolls and a majority choose not to submit an application for affiliation.

Knowing full well that every reasonable effort has been made to cure these evils and believing that in the present condition, the Lodge is and will be no credit to the Rite, or to the cause of Masonry in the District of Columbia, and despairing of any improvement in the future, your Committee very reluctantly recommend that the affairs of the Lodge be wound up, all outstanding indebtedness be settled, and the Charter and effects of the Lodge be surrendered to the Supreme Council, or its proper officer as soon as this can be properly and regularly done under the law.

A. B. Bennet, John A. Lacy, James S. Raeburn, K.C.C.H."

On October 16, the Lodge unanimously voted to surrender their charter and that all accounts be settled. Brother Samuel C. Palmer moved that Orient extend its thanks to Potomac Lodge No. 5 for the use of their hall, and that Orient's storage closet be turned over to the Eastern Star Chapter or Potomac Commandery No. 3.

The Lodge held their final meeting on November 20, 1902:

"The Secretary states that due notice has been sent [to] each member of the Lodge setting forth the fact of the intention [...] to surrender its Charter, effects, to the Deputy of the Supreme Council. [...] Bro. F. J. Woodman, Deputy of the Supreme Council, then assumed the

## **MY VISION AND THOUGHTS ON** THE FOURTH DEGREE-SECRET MASTER

SCOTT

The feature article was recommended for publication by Ill. Ron Reynolds, 33°, Personal Representative for Italy, and is the work of WB A. Lorenzo Garcia, a member of the AMSRB NATO Club there. As Ill. Reynolds described it, "This writing is an example of how the Master Craftsman Program causes the member to think research and come to an understanding of one's journey through life. Explained through symbols and how to live accordingly."

n the Lecture of the Secret Master Degree, we are introduced to some unique mystical elements of Freemasonry. From studying the Scottish Rite Master Craftsman Course, Albert Pike says that the true meanings of Freemasonry are hidden in its symbols. It is not so much that we are attaining more Degrees, but we are attaining more Light in that we are exposed to further ideals that can help us in life, touching upon those otherwise overlooked improvements which are illustrated in the symbols we encounter in each Degree.

From square to compass, now that we are building our spiritual side we are reminded that we need to build our dual nature physical and spiritual, both need to be equal. Aside from maintaining our health, thru passionately learning, studying and being open minded I have found this builds your spiritual side and your character, you see the points that you are missing in life and aspire to build those up.

Upon entering the Sanctum Sanctorum, we see the Delta  $\Delta$  the shape of which is a triangle, already an important symbol of stability and strength in Freemasonry. Be stable in all realms of life, control your emotions, relationships, and balance in life.

An abundance of numbers are introduced here and it takes time to find their significance.

Nine beams of the Shekinah, the different names of G-d. "Adonai, Jehovah, Elohim, Als Shaddai, Yzebrath, Ozi, Bgibour, Ahad." As we cannot find the right words sometimes to describe the things in life, we use many expressions to try to help us attain truth. We use different expressions to describe life and love and all of the above. There is no one way to describe all; there will be different ways of saying things to express these truths.

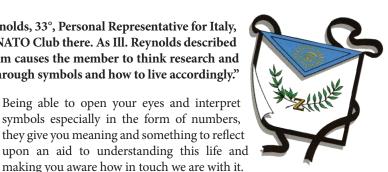
"72 names, 81 candles" also stated in the ritual that our "age is 81 years" in this Degree. 72 and 81 all multiples of 9. The number 7, 7 times round the altar, 7 planets, 7 candlesticks it was said that the



Temple was finished in 7 years as well, and 7 days of the week we are given the opportunity to make a difference in our lives as well as others. According to Pythagoras, odd numbers were a symbol of perfection.

Number 12, 12 loaves, 6 days of the week of labor and one for rest, 12 loaves like the 12 tribes of Israel, 12 constellations. 10 commandments, stated in the Degree, 4 divine and 6 moral, always be mindful of what our duty is and to the different ways and stages we can use in life to attain certain goals and certain heights.

symbols especially in the form of numbers, they give you meaning and something to reflect upon an aid to understanding this life and making you aware how in touch we are with it.



Upon entering the holy of holies, there are certain items of note:

- Ark of alliance: signs of soul and strength in the mind and heart.
- Pot of incense: the everlasting presence of peace and spirit.
- Twelve loaves: abundance in life and love.
- Seven branched candlestick: being that light throughout your time here.

As we are now received as a Secret Master made under the laurel and olive branch. Denoting hope and victory, it

is the little victories we make can add up to larger realizations in life.

The Ivory key, Ivory being a symbol of purity and innocence to look at things like this but we must also remember that ivory is a bone, something of a living being so our innocence and purity must be something kept alive as bone can dry out if not cared for and given attention to.

The grip of this Degree, which I did not mention in previous writings, particular because it is one of mutual

holding up. Good feelings are associated when touching the elbow and by rocking, you are facilitating a mutual vibration of peace and harmony.

One last note on grief, as this is a central idea in this Degree I cannot help but think that there is real grief in not continuing to seek light, not repairing that which is broken, in not seeking satisfaction in learning and of not maintaining your duty and fidelity.

In this Degree, we find ourselves going one-step higher in reaching the level of perfection. There is no set time limit on perfecting ourselves; we do not have to 'beat the clock.' It should be a lifelong endeavor, until our death, the ultimate symbol of this Degree.

So we have to learn to take steps, one at a time, to gain a level of perfection, I read this the other day, it seems most appropriate,

"I have arrived, I am home, my destination is in each step..." Thich Nhat Hanh. 🤼





## DC SCOTTISH RITE'S 2019 Feast of Tishri

### Tuesday, October 8 at 7:00 p.m. MEMBERS ONLY

Make your reservations at reservations@dcsr.org

### THE BRIEF HISTORY OF ORIENT LODGE OF PERFECTION NO. 2

(Continued from page 5)

Orient's existence spanned less than two decades, and their trials and tribulations highlight the nature of the appendant body system of Freemasonry at the turn of the nineteenth century. While there was zeal to expand the appendant body system across the District, the members of the Lodge did not to pay due attention to ensure that the Lodge had a stable financial footing and a pipeline of candidates. Orient was unable to meet its obligations to the Supreme Council, and conflicts arose from a lack of funding. In addition, their membership consisted mainly of high-ranking members of the Fraternity including past, sitting, and future Grand Masters, Secretaries, High Priests, and Commanders who had to juggle between their official duties elsewhere, and the fledgling Lodge. It was difficult for these busy masons to meet, plan degree conferrals, and engage with prospective members as their cable-tows were pulled towards other venues. Orient's short tenure provides a lesson to future leaders, across the jurisdiction, on how to avoid the pitfalls of starting and later maintaining a "young" masonic body.

### THE 20TH DEGREE IN 1926 AND 2019

The Valley of Washington's recent Reunion included a special presentation of the Twentieth Degree, *Master of the Symbolic Lodge*, in which the cast was comprised entirely of Past Grand Masters of the Grand Lodge of the District of Columbia. SGIG Len Proden got the idea from an article in the *Cathedral Calendar* of June 1926, which described the performance during the reunion on May 4, 1926 by eight Past Grand Masters and the Grand Chaplain. The Director of Work at that time was Brother Charles Barnum Hanford, 32°, a noted stage actor of the late 19th and early 20th centuries who had suggested the makeup of the cast, "which he thought would appeal mightily to the Craft." According to the article, "No more impressive sight had been seen in years than the Twentieth Degree…"

The traditional Twentieth Degree as performed in the Southern Jurisdiction is divided into two sections, with the first part devoted to the duties and responsibilities of a Worshipful Master of a Blue Lodge, and the second part being the philosophies of ancient lawgivers that form the foundation of the moral principles of Freemasonry. There is no mention of a second section at the 1926 performance.

SGIG Proden took it upon himself to recruit the Past Grand Masters for the cast, and even took a role in the Degree. He managed to convince fifteen of the two dozen living PGMs to join him in the presentation. Although the reunion class members were probably already in data overload, and may not have necessarily appreciated the lessons of the Degree, I am sure that that a cast full of "white caps" did leave a lasting impression.



**1900** William G. Henderson



**1904** James A. Whitmore



**1908** Augustus B. Coolidge



**1911** J. Claude Keiper



**1913** Charles E. Baldwin



1918 Lem Towers, Jr.



**1919** Joseph H. Milans



1922 Charles C. Coombs



**1923** Mark F. Finley



**1926** John C. Palmer

The table lists the casts and their roles in each of the presentations.

1926 John C. Palmer Charles C. Coombs Joseph H. Milans Charles E. Baldwin J. Claude Keiper Mark F. Finley James A. Whitmore Lem Towers, Jr. Augustus B. Coolidge William G. Henderson Role Venerable Master Senior Warden Junior Warden Orator Secretary Treasurer Master of Ceremonies Expert Assistant Expert Bearer of the Great Light

Akram R. Elias Roman Volsky Leonard Proden James T. Feezell Kenneth D. Fuller Grant R. Berning Donald L. Mallorey Jesse Villarreal James T. Feezell Mansour Hatefi

2019

Role

Venerable Master Senior Warden Junior Warden Orator Senior Deacon Junior Deacon Senior Steward Expert Assistant Expert Almoner



**1983** Donald L. Mallorey



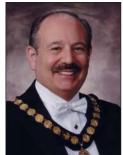
**1993** George R. Adams



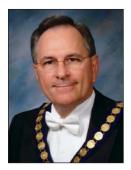
**2000** Mansour Hatefi



2001 Grant R. Berning



2003 Jules S. Tepper



2005 Leonard Proden



2006 Albert M. Smith



2008 Akram R. Elias



**2010** Paul D. Gleason



**2011** Jesse Villarreal



2012 Joseph S. Crociata



**2014** James T. Feezell



**2015** Jeffrey Russell



**2016** Kenneth D. Fuller



**2017** Roman Volsky



2018 Richard J. Bautista

Role

President
Alfred
Numa
Hermes
Moses
Hammurabi
Manu
Zarathrustra
Confucius
Chancellor
Advocate
First Counselor

Cast Member

Joseph S. Crociata George R. Adams Richard J. Bautista Grant R. Berning Paul D. Gleason Donald L. Mallorey Leonard Proden Albert M. Smith Jules S. Tepper Roman Volsky Kenneth D. Fuller James T. Feezell However, in 1926, a patriotic play called *The Traitor*, written by a San Antonio Scottish Rite Mason, J. Frank Davis, 32° KCCH, was substituted for the lawgivers' section. According to Arturo de Hoyes, Grand Archivist and Grand Historian of the Supreme Council, a modified version of *The Traitor* was adopted in 1922 by the Northern Masonic Jurisdiction as its version of the Twentieth Degree.



### AMSRB, Emirat Shriners, & Luftbrücke Lodge Brethren Support 70TH ANNIVERSARY CELEBRATION OF THE BERLIN AIRLIFT

To provide information, raise awareness, and promote collaboration, the AMSRB recently participated in the Wiesbaden Berlin Airlift 70th Anniversary, on the 10th and 11th of June 2019. Our host nation Germany joined with American, British, and French military personnel to celebrate Allied success in what was, arguably, the first major confrontation of the Cold War.

While the young US Air Force was the lead for the June 1948 to September 1949 Air Lift Sorties, aircrews from the USAF, the Royal Air Force, the French Air Force, the Royal Canadian Air Force, the Royal Australian Air Force, the Royal New Zealand Air Force, and the South African Air Force flew over 200,000 sorties in one year. The United States Army also played key and essential logistical and engineering support roles that are not well known.

There were over 40 vintage warbird aircraft including the DC-3 and C-47 performing formation flights, candy drops (<u>vimeo.com/349914099</u>), and parachute team demonstrations. Many vintage military vehicles, historical photos, and equipment were also on display. The USO also performed a reenactment of the Bob Hope USO Show from December 1948.

A two-day event, over 35,000 visitors came to the Wiesbaden Army Airfield to see the shows and displays. The AMSRB together with

Brethren from the European Emirat Shrine Temple, and Luftbrücke Lodge No. 838 (American Canadian Grand Lodge) set up and manned information stations and kept busy throughout both days.

The AMSRB gave out free cotton candy, while the Shrine and Luftbrücke Lodge provided a pinwheel for the kids and logistical support. They handed out brochures, and answered questions on Scottish Rite, Shrine, and Blue Lodge Masonry. After the event, we all hung around, and cooked burgers, bratwurst, and German/Italian sausages, for the approximate 320 supporting Military Security personnel, Pilots, and Airfield Security Staff. The food was provided from donations given by the Rose Packing

Company, ACGL Blue Lodges, Scottish Rite, and Shrine. Kudos to Ill. Brother Paul Curran, 33°, for initializing and putting together this highly successful, joint Masonic venture.



III. Paul M. Curran, 33°, III. James E. Barrett, 33°, and Brother Andreas A. Schoenwandt, 32° KCCH





Berlin Airlift Celebration Banner

Brother Barrett at Work



The Crowd

## SILVA GROUNDBREAKING

The summer of 2019 saw the beginning of the development process that will assist the Valley of Washington in securing its financial future. This comes after more than a decade of discussion, study, and due diligence to determine the best solution to benefit the Valley, the community, and the developer.

We are fortunate to have one of the foremost purveyors of quality real estate projects in the District as a member of our Valley, Brother Anthony M. Lanier, 32° KCCH, President, and CEO of his Georgetown-based company, EastBanc.

At the official groundbreaking ceremony on July 30, 2019, DC Ward 1 Councilmember Brianne K. Nadeau expressed her delight that the corner of Mozart Place and Columbia Road was no longer enclosed by a somewhat forbidding wall, but had been opened up to allow the construction of an elegant addition to the Adams Morgan neighborhood. Also present were representatives from EastBanc partner Mitsui Fudosan, Grimshaw Architects, and Davis Construction, the prime contractor.



DCSR Brethren Lend a Hand



Remarks from SGIG Proden as Brother Lanier looks on.

VMAP UPDATE

in September 2021, and the at-grade connection with the Scottish Rite Temple presents an opportunity for an easy and symbiotic sharing of amenities. 🧥

The Silva, as the building has been

named, is scheduled for occupancy



he Supreme Council's Valley Membership Achievement Project (VMAP), which is now in the latter part of its fifth year, is designed to help each Valley carry out its service to the Scottish Rite by providing the very best experience for its members. Thanks to all the members of the Valley of Washington, who once again have accepted the challenge, and completed the program with flying colors for the fourth year in a row.

As we continue in our 2019 effort, we strive to surpass all the previous benchmarks. So far this year, we have already been involved in many events at the DCSR and in the community. These include a very successful Spring Reunion (Ill. William Charles Miskovic, 33° Memorial Class), our 2019 Golf Outing, and another Tough Mudder. We again hosted the PEN/Faulkner Foundation and their outstanding speakers, and the Americanism Committee hosted our annual JROTC Awards Ceremony. We continue to support our Scottish Rite Center for Childhood Language

Disorders as it continues its important work. Members of the spring class are involved in the Master Craftsman Program and the College of Philosophy. Our Knights of St. Andrew, and many Valley Members, did an outstanding job in assisting with many facets of the 2019 SJ Biennial Session.

Thanks to all members whose efforts have once again made our Valley a true flagship in the Southern Jurisdiction. We will

continue with our efforts to make sure our Members have the best Scottish Rite Experience possible.

ТM

For more information and to become empowered as a VMAP team member, contact Illustrious Bradley D. "Brad" Andrukitis, 33°, at kitis007@aol.com.



Article by III. Bradley D. Andrukitis, 33° Director of VMAP

## *Congratulations to* THE 2019 VALLEY OF WASHINGTON HONOURMEN

### Inspectors General Honorary (33°)

David L. Andrukitis Walter P. Benesch Scott E. Brown Charbel T. Fahed Donald R. Ferguson



Emmanuel A. Findlay Bruce D. French Allan Morecroft Terry L. Royce, Sr. Randall A. Schoch

### Knights Commander of the Court of Honour (32° KCCH)

Sergio E. Aleman-Soto Miguel P. Banagan Joseph Baroudi Shawn D. Bartley Jacob M. Bressman Jose R. Campos Dominador S. Carreon Franco de Leonardis Youssouf M. Diallo Mark Dreisonstok Michael J. Erickson Jean-Claude Eugene Elkanah E. Faux Negib R. Fikani Armando L. Garcia A. Michael Goddard Adam J. Goldman Michael E. Grierson



Neil E. Hare Eric B. Kuchner Michael W. Liechti Eddie Lopez Pierre Malko Bruce E. McMullen Dmitriy Minin Larry E. Painter Philip A. Patlan Joshua A. Poole Andreas A. Schoenwandt Shannon L. Scott Christopher A. Tessone André Tia André Vainqueur

# What we do for ourselves dies with us.

What we do for (Recruitment) and (DC Scottish Rite) remains and is immortal.

## Be Immortal!



# JOIN US FOR THE DC SCOTTISH RITE Scholarship & Community Service Awards Program TUESDAY, NOVEMBER 26

Friends and family welcome!

AT 7:00 P.M.

## EXCITING NEW CONSTRUCTION BEGINS AT THE DC SCOTTISH RITE

Exciting things are certainly happening at the DC Scottish Rite. We are happy to announce the construction on a brand new apartment building is underway at the rear of the property. You may have noticed activity or some time now, so we wanted to share some details about this ambitious project.

The apartment building, which will replace the existing rear parking lot, is a terrific investment opportunity which will benefit both the city and the Rite itself.

The beautiful new 1630 Columbia Road apartment building is a ground up development with the following features:

- 10 stories
- 172 apartment units and 70 parking spaces in 2 levels of below-grade parking
- The building is considered an "addition" to the historic Scottish Rite Temple, so will be connected to the historic building by an at-grade connection.
- The new building will feature best-in-class European-inspired unit finishes.
- The amenities will include a rooftop with a large infinity swimming pool, grilling stations and fire pits, a fitness center, a lounge with food and beverage service and private dining rooms, and a lush private courtyard.
- The project will be built to LEED v4 standards.



#### The proposed construction schedule is as follows:

Construction Start (Raze/Demo) 07/26/2019
Demo Complete 09/26/2019
Excavation Complete 12/10/2019
Top Out Concrete 07/30/2020
Weather Tight 10/15/2020
First Turnover 06/02/2021
Substantial Completion 08/06/2021
Final Completion 09/03/2021

Stay tuned for developments on this exciting project!



GIG Len Proden has contracted with a local valet service to facilitate parking for you on Tuesday meeting nights at the DC Scottish Rite. If you do not wish to avail yourself of this courtesy method, then there is parking to be had on the neighborhood streets in accordance with the limits specified by the signage thereon; and parking restrictions on 16th Street are lifted at 6:30 p.m., so you may park there, as well. However, you may not self-park at the locations that have been contracted for by DCSR, but will be redirected to the valet service at the front of the Temple.







#### DATE JOINED SCOTTISH RITE

#### DATE OF DEATH

Robert O. Allen, 32°		
Grafton L. Alshire, 32°	10/23/1982	
Warren Stanton Baker, 32°		
Joseph D. Bazey, 32°		
Michael I. Berlin, 32°		
James M. Black, 32° KCCH	11/15/1996	
Larry J. Boyd, 32°	10/6/1979	
Gil C. Braga, 32°	10/29/1977	
Robert B. Bussler, 32° KCCH		
Ill. Lawrence J. Chisholm, 33°		
Ronald W. Clark, 32°		
Edward M. Coufal, 32°		
William R. Cowan, M.D., 32°		
Carl E. Cresswell, 32°	1/17/1987	
James E. Crookston, 32°		
Lee A. Deal, 32°		
Donald S. Dillon, 32°		12/8/2016
Ill. Henry O. Dormann, 33° G∴C∴		
Erol Dulunay, 32°	11/3/2012	
William A. Emanuel, 32°		
Walter H. Engle, 32°		
Peter J. Evers, 32°		
Ill. Ian F. Feltham, 33°		
Stanley P. Foley, 32°		
Ill. Edward H. Fowler, Jr., 33°		
Wayne J. Frocke, 32°		
Melvin R. Gjersvik, 32°		
Elio E. Grandi, 32° KCCH		
Melvin A. Gravitz, 32°		
Billy Chadwell Greene, 32°		
Frank Calvin Hart, Jr., 32° KCCH		
Robert A. Hefford, 32°		
Joseph E. Hein, 32°		
Firouz Heyat, 32°		
William H. Hinze, 32°		
William M. Jackson, Jr., 32°		
William D. Keeney, 32°		
Lloyde G. Keilholtz, 32°	10/8/1963	



THOSE THINGS THAT SURVIVE US – OUR WORKS, OUR WORDS, OUR IMMORTAL THOUGHTS, OUR INFLUENCES AND THE EFFECTS OF OUR GOOD DEEDS, ARE MORE TO THE WORLD THAT SURVIVES THAN ARE WE OURSELVES.



NAME / DEGREE	DATE JOINED SCOTTISH RITE	DATE OF DEATH
James M. Kelly, 32°		
Charles D. Keys, 32°		
John R. Keyser, 32°		
Roeinton B. Khambatta, 32°		
Ill. Donald F. Lawery, 33°		
Carl E. Lee, 32°		
Russell D. Leonard, 32°		
Louis Levy, 32°		
Edgar H. Lichty, Jr., 32°		10/21/2016
Gerald F. Lutz, 32°		5/16/2018
Jerry Marathon, 32°		5/19/2019
George S. Measell, 32°		
Bernard H. Merritt, 32°		
Jerrold M. Michael, 32°		
Ill. William C. Miskovic, 33°		11/8/2018
Robert T. North, 32°		
Anthony M. Opyrchal, 32°		
Kandon F. Overbey, Jr., 32°		
Richard D. Parker, 32° KCCH		
Kenneth S. Peters, 32°		
Ill. Charles H. Potter II, 33°		
Charles F. Rice, 32°		
John O. Scott, 32°		
Morgan B. Shipley III, 32°		
Allen Slan, 32°		
Irving L. Torschinsky, 32°		
Harry W. Townshend, Jr., 32°		
Junior M. Warf, 32°		
Charles O. Warner, 32°		
Ill. Royce A. Watson, 33°		
Donald J. Waugh, 32°		
Charles W. White, 32°		
Stacy L. Williams, 32°		
James D. Williams, 32°		
Nuel E. Wilson, 32°		
Robert H. Younger, 32°		
Robert R. Zeender, 32°	10/8/1968	6/9/2019



## Your Good Health Tip

## Why Saying "Thank You" is Good for You

Learn to be more grateful. Dan Harris says your brain will thank you for it.

We are living in an era of increasing unhappiness. Diagnoses of major depression in the United States went up 33% from 2013 to 2016. Loneliness abounds. Anxiety affects 8% of children and teens. Hospitalizations for child suicide ideation or attempts rose for all age groups—including 5- to 11-year-olds—between 2008 and 2015.

Recently, as part of a *Good Morning America* segment, I went to a junior high school in Schaumburg, Illinois, where they are endeavoring to counteract these pernicious trends. As the superintendent told me, it's not enough to teach kids math and reading; you have to teach them how to be successful humans.

One of their principal tactics? Gratitude.

Gratitude is one of the most misunderstood—and yet deeply useful concepts trending today. For example, if you think taking a selfie in front of your private jet and posting it with #BLESSED is a way to practice gratitude, you're doing it wrong. It's not about showboating. Nor is it about maniacally focusing on the positive and pretending we live in a problem-free world. Oh, and it's also not a way of using thank-yous as a form of interpersonal manipulation. (One of my favorite cynical takes on the concept is "Gratitude is the expectation of future favors.")

Done correctly, gratitude is radically simple: It's the deliberate attempt to not take the many good things in your life for granted. What's more, science suggests gratitude is linked to better mental health and, if practiced regularly, more exercise.

To put this gratitude campaign into action in Illinois, the school recruited Shawn Achor, author of a best-selling book called *The Happiness Advantage*, which argues that gratitude at any age can boost energy, improve sleep, reduce depression, and increase both optimism and social connection—two of the greatest predictors of long-term happiness.

Achor, who manages to be relentlessly chipper without being annoying, is a happiness researcher with degrees from Harvard. When I interviewed him in the school library, he rattled off rapid-fire, and often oddly specific, statistics. For example, he told me that gratitude correlates with a 23 percent drop in headaches, backaches, and fatigue.

The push for gratitude is not merely academic for Achor. Notwithstanding his seemingly congenital congeniality, he has suffered from bouts of depression. The core of his message is that happiness does not have to rely solely on our genes or our environment; it can be a choice. His work suggests that we can create happiness hygiene habits.

"If, for just two minutes a day, we got someone to think of three things that they're grateful for, or if we expressed our gratitude once over the course of the day to somebody else... we train our brain to become more optimistic and positive," says Achor. And "if we keep the pattern going, it actually allows us to make the choice of happiness an easier choice."

Achor has a series of gratitude hacks that anyone can do—even seventh graders. Since the results have been impressive at the school—it went from the 73rd percentile of academic achievement scores nationwide to the 96th percentile—I decided to spend a week test-driving two new daily habits to see how they could pay off for me.

First, everyday, I wrote a thank-you email to someone I felt really deserved it. Second, every night as my head hit the pillow, instead of engaging in my habitual rumination about whatever problems needed to be solved, I spent several minutes thinking about three new things that had happened during the day for which I was grateful.

Achor says these gratitude practices work by building new mental muscles that scan for the positive. Basically, this practice knocks us out of our default mode. Our brains evolved to have a pronounced negativity bias. Why? According to Achor, it's because early human life was precarious, and we needed to be on the lookout for things like saber-toothed tigers. However, this threat-detection wiring doesn't always serve us well in a modern context, where our brains unnecessarily revert into ancient freak-out mode when, say, we're dissatisfied by our lack of Instagram likes.

But, you might ask, can gratitude really help everyone? What if you live in a refugee camp, or are battling a life-threatening disease? How is it possible to feel grateful then?

Achor says that when he first got into this research, he thought happiness might be too hard for certain people. But to his surprise, he's found happiness in every environment, from cancer wards to prisons to combat zones. "We could find meaning in the daily activities that can move us forward," he says. "And I think happiness could remain an option—wherever we live in the world."

For me, after just one week I found that Achor's gratitude exercises genuinely helped. Every time I sent an appreciative email, I received a warm response, dropping a nice hit of dopamine into my in-box, which is otherwise a source of diabolical overwhelm.

The real winner, though, was the nightly routine of contemplating three new positive developments in my life. I found the ritual bleeding out into the rest of my day, forcing me to occasionally pull back from my relentless rush to cross things off my to-do list. It contributed to a goal I'd been pursuing for years through my daily meditation practice—trying to cultivate a sort of nostalgia for the present, rather than constantly ruing the past or projecting into the future. All my life, I'd heard the exhortation to stop and smell the roses, but no one had ever actually told me how to do it. Achor's hacks were a way to operationalize one of my favorite expressions: "These are the good old days."

To be clear, this dose of gratitude did not stop me from worrying and strategizing about all the things that I need to worry and strategize about. Another of my favorite expressions is "The price of security is insecurity." I still believe that to be true. It's just that I found gratitude to be a nice corrective when I was taking my worrying too far.

I want to be super clear about this: Being grateful is definitely not the same as being complacent. Here's one more saying I love: "Everything is perfect. But it could use a little improvement."

As I write this column, it has now been several months since I first met Shawn Achor in that middle school in suburban Chicago.

I ultimately dropped the thank-you emails, because I found that creating the time to craft a new note every day added stress to the already Sisyphean task of managing my digital tsunami.

The nightly gratitude ritual is still going strong, however—and I suspect it is here to stay. I find it incredibly rewarding to have a practice that orients me toward the positive stuff I might otherwise simply experience and expunge.

I don't know whether it has contributed to a 23 percent drop in headaches, backaches, and fatigue, but I do know that it feels damn good, and that it is also shockingly effective at putting me to sleep.

I'll take it. #BLESSED.



Dan Harris is a co-anchor of ABC's *Nightline* and the weekend editions of *Good Morning America*. This article is reprinted courtesy of *Men's Health* magazine.





### DC SCOTTISH RITE TEMPLE

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## SCOTTISH RITE CALENDAR

### OCTOBER 2019 THROUGH FEBRUARY 2020

<b>OCTOBER 201</b>	2

1	Mithras Lodge of Perfection 7:30 p.m. (Members only)
8	Feast of Tishri 7:00 p.m. (Members only)

- 14 Columbus Day DCSR offices closed
- 15 Robert de Bruce Council of Kadosh 7:30 p.m. (Members only)
- 22 Albert Pike Consistory 7:30 p.m. (Members only)

#### **NOVEMBER 2019**

- Mithras Lodge of Perfection 7:30 p.m. (Members only)
  Veterans Day DCSR offices closed
  Evangelist Chapter of Rose Croix 7:30 p.m. (Members only)
  Robert de Bruce Council of Kadosh 7:30 p.m. (Members only)
- 26 Scholarship & Community Service Awards Program
  DECEMBER 2019
- Mithras Lodge of Perfection 7:30 p.m. (Members only)
   Evangelist Chapter of Rose Croix 7:30 p.m. (Members only)
   DCSR Offices Closed

### JANUARY 2020

1-2	New Year's Day DCSR offices closed
20	Martin Luther King, Jr. Day DCSR offices closed
21	Joint Meeting - Mithras Lodge & Evangelist Chapter of Rose Croix (Members Only - 2020 Officers Elections)
28	Joint Meeting – Robert de Bruce Council & Albert Pike Consistory (Members Only – 2020 Officers Elections)
FEBR	UARY 2020
1	Installation of 2020 Valley of Washington Officers
4	Mithras Lodge of Perfection 7:30 p.m. (Members only)
11	Evangelist Chapter of Rose Croix 7:30 p.m. (Members only)
17	Presidents' Day DCSR offices closed
18	Robert de Bruce Council of Kadosh 7:30 p.m. (Members only)
25	Albert Pike Consistory 7:30 p.m. (Members only)
<b>Fan</b>	nily and friends are welcome to event
FOLLOW	/ US on Facebook and our DCSR mobile appl

Please text DCSR to 80123 to join our SMS group.



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