



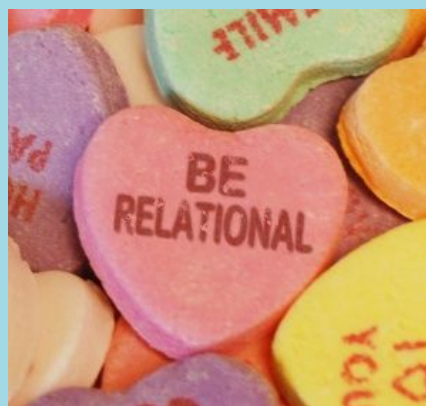
# BEING RELATIONAL GAZETTE

Baltimore Mediation's Newsletter & Tips

February 2019

## A MESSAGE FROM OUR FOUNDER

Welcome, February! How are those new year resolutions holding up? I've set a goal for myself this year to apply laser focus to every project I take on. February is the shortest month of the year. Consider what projects are tugging on your heartstrings, and how you can use this month to actualize them in ways that are good for self and others. Cheers!



BEING KIND:

## Using Your Power to Make a Relational Difference

Join us as we explore ways to use your power currencies in a relational way

## In Case You Missed It

Check out this short video from our Being Relational Series [#7WAYS7WEEKS!](#) Full of helpful tips on how a relational mindset can help you excel in the boardroom!

FEATURE



The January 2019 Advanced Domestic Mediation Training Class!





We are still riding high from our January Advanced Domestic Mediation & Conflict Transformation Skills Training!

This diverse group comprised of lawyers, mediators, teachers, psychologists, and judges gathered to learn cutting-edge techniques from the transformative model that will help them make a **relational** difference for families experiencing divorce.

It was incredible to see how participants transformed and grew by the end of the course, each one walking away with new skills they were eager to use!

**Missed Our January Training? Join us in June!**

## NEWS

### UPCOMING TRAININGS



**June 40-Hour Mediation & Conflict Transformation Skills Training: Workplace Mediation & Third Party Interventions**

### TRAINING PARTICIPANTS ARE SAYING...

When: June 17-21, 2019 @ 9am - 5pm

Where: The Inn at the Colonnade  
4 W University Pkwy, Baltimore, MD  
21210

Course Fee: \$1550

[Register Now](#)

**October 40-Hour Mediation & Conflict Transformation Skills Training: Sources of Conflict & A System**

When: October 21 -25, 2019 @ 9am - 5pm

Where: The Inn at the Colonnade  
4 W University Pkwy, Baltimore, MD  
21210

Course Fee: \$1550

[Register Now](#)

**December 40-Hour Basic Mediation & Conflict Transformation Skills Training**

When: December 9 -13, 2019 @ 9am - 5pm

Where: The Inn at the Colonnade  
4 W University Pkwy, Baltimore, MD  
21210

Course Fee: \$1550

[Register Now](#)



Glowing testimonial from Baltimore City Public Schools Teacher and January training participant, Monique Crawley!

**RELATIONAL TIP:**

**BE PATIENT IN CONFLICT**

Conflict, whether inside a mediation or in everyday life, involves change. People in conflict typically believe they are right about the conflict. Each side may or may not understand their own interests, as well as those of the other party, and probably have unrealistic expectations. People in conflict are often hesitant, or refuse, to treat the other with respect. It takes time to address issues, and for people to change their minds. Allow for space in the conflict where respect can be given, and changes can occur. It takes time, but patience allows it to occur.

**GRATITUDE.... ACCOLADES, HIGH FIVES!**

We are so excited the Florida Academy of Collaborative Professionals has asked Louise to be a keynote speaker and conduct a workshop on *Being Relational* at their upcoming conference in May! Orlando here we come!



Louise held a book talk on *Being Relational* during her recent visit to Tampa for a mediation. Always a joy to spread the relational word!

Louise is available to deliver the **Relational Medicine** message for medical conferences and medical recognition events for doctors, medical specialists, hospital and clinic admins, managers, nurses and integrative practitioners. Louise is also available to speak at events, conferences, schools, companies and more. Her speech themes include, but are not limited, to Relational Leadership for You, for women, attorneys, executives, politicians, physicians, families; Transformative Mediation: what it is and why you need it; Stories from the Trenches; How to Transform the Adversarial Ethic in Your Life; Where is God in Crisis?; Relational Advocacy in Healthcare: Crossing Silos and Moving Mountains; Relational Advocacy in Attorney Negotiations, and Creative Miracles for Healthcare and Well-Being: The Side-by-Side Partnership of Integrative Medicine and Western Medicine.

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### QUOTE FOR THE MONTH:

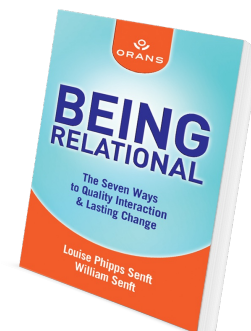
"When we let go of our battles and open our hearts to things as they are, then we come to rest in the present moment. This is the beginning and the end of spiritual practice."

- Jack Kornfield

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For copies of the **Amazon best seller** *Being Relational: The Seven Ways to Quality Interaction & Lasting Change* visit

- [Amazon](#)
- [Audible](#)
- [Barnes & Noble](#)
- **Independent bookstores!**



**SHARE OUR NEWSLETTER! BE RELATIONAL!**



AS SEEN ON:



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