



# Scottish Rite of Freemasonry

VALLEY OF WASHINGTON, ORIENT OF THE DISTRICT OF COLUMBIA, S.J.



## SCOTTISH RITE PROGRESS

► VOL. 16 NO. 1  
SPRING 2022

### DCSR Welcomes New Members at 2021 Reunion



The D.C. Scottish Rite held its Fall 2021 Reunion on November 6, 2021 in honor and memory of Ill. William D. Hines, 33°. We heartily welcome the Valley's new Masters of the Royal Secret.

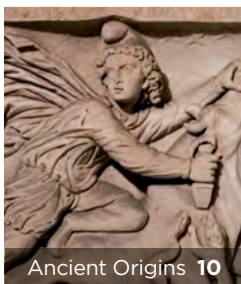


## IN THIS ISSUE

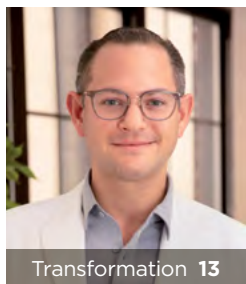
DCSR Welcomes New Members at 2021 Reunion.....	1
SGIG Message .....	2
Scottish Rite Calendar .....	3
DCSR Conducts Virtual Installation of 2022 Valley Officers.....	4
New Trustees Elected and Installed	9
Examining the Ancient Origins of Mithras .....	10
DCSR's 2022 Fall Reunion.....	11
Your Good Health Tip.....	12
The Transformation of Chronic Pain Care.....	13
In and About the Temple.....	14
DCSR's RiteCare Director Honored by His Peers.....	14
An Exciting New Partnership to Create Your Own Scottish Rite Legacy.....	15
In Memoriam: Rose Croix Notice ..	16
In Memoriam: Illustrious Robert F. Dreschler, 33° Grand Cross .....	18
DC Scottish Rite Foundation 2022 Golf Outing.....	20



DCSR Reunion 1



Ancient Origins 10



Transformation 13



Golf Outing 20

# SGIG Message

**G**ood News! Our Valley is returning to our temple building in April for in-person Tuesday meetings. Even so, recognizing the value of the zoom platform, we will continue to have one such virtual gathering each month which allows us to connect with our members in the outer DMV area, those living across our country, and our Brethren overseas in Europe and the Middle East. Zoom meetings have sustained the continuity of the programs for which our Valley is known during the pandemic. The men serving as Heads of the Bodies have remained committed during this mostly virtual time to provide the essential elements and education of their respective Bodies. The newly installed 2022 Officers (see page 4) are just as committed in their upcoming programs to continue to provide the essentials of Scottish Rite education to keep us focused on bettering ourselves in Freemasonry. To that end, please support their efforts by attending the Tuesday meetings in person when possible.



**Illustrious Leonard Proden, 33°**  
SGIG in the District of Columbia

As the worst of the pandemic recedes and we return to the social spaces that bring us together, now is the time to shake off some of the habits accumulated during two years of virtual meetings and fraternity-at-a-distance. Shine those shoes. Get that coat and tie ready for action. Show your smile that's been hiding behind a mask. Practice that friendly grip as handshakes once again become the token of our fraternal bond with one another. The world may never quite return to the pre-pandemic "normal" but we can still live life boldly in a new normal, post-pandemic world. Be not afraid.



If we truly believe in the purposes of the Scottish Rite—we never give up the search in our quest of seeking light, spreading light, and seeking truth. As Freemasons we are taught to continually improve and increase our understanding of the foundation and importance of our Blue Lodge Degrees. The additional lessons of the Scottish Rite Degrees serve to support, enhance, and expand those Blue Lodge degrees. When we practice the lessons learned and live those standards—we improve and increase our understanding of the Degrees where light leads to more light and we continue to make ourselves better than ourselves.

But time flies and there is much to do if each of us is to become our best self. Are you using the minutes ticking down in a way that will matter for eternity? It recalls a 1932 poem attributed to Robert H. Smith:

*The Clock of Life is wound but once,  
And no man has the power  
To tell just when the hands will stop  
At late or early hour.*

See you Tuesday at the Rite. 

*To lose one's wealth is sad indeed,  
To lose one's health is more,  
To lose one's soul is such a loss  
That no man can restore.*

*The present only is our own,  
So live, love, toil with a will,  
Place no faith in tomorrow,  
For the Clock may then be still.*



# SCOTTISH RITE CALENDAR

APRIL THROUGH DECEMBER 2022

**SPECIAL NOTICE:** All events are subject to cancellation or change, based on the status of the COVID-19 pandemic. The calendar on the DCSR website, [dcsr.org](https://dcsr.org), will show status of all activities for your Rite.

APRIL		OCTOBER	
5	Mithras Lodge of Perfection – DCSR Temple, 7:30 p.m. (Members only)	4	Mithras Lodge of Perfection – DCSR Temple, 7:30 p.m. (Members only)
12	Evangelist Chapter of Rose Croix – Virtual Meeting, 7:30 p.m. (Members only)	10	Columbus Day – DCSR Temple Offices Closed
19	Robert de Bruce Council of Kadosh – DCSR Temple, 7:30 p.m. (Members only). / Bro. Mark A. Tabbert discusses his new book: <i>A Deserving Brother: George Washington and Freemasonry</i>	11	Feast of Tishri – DCSR Temple, 7:30 p.m. (Members only) RESERVATIONS REQUIRED TO ATTEND
26	Albert Pike Consistory – DCSR Temple, 7:30 p.m. (Members only)	18	Robert de Bruce Council of Kadosh – Virtual Meeting, 7:30 p.m. (Members only)
MAY		25	Albert Pike Consistory – DCSR Temple, 7:30 p.m. (Members only)
3	Mithras Lodge of Perfection – DCSR Temple, 7:30 p.m. (Members only) / Rings and Patents Presentation to recent Reunion Classes	29	DCSR Fall 2022 Reunion – DCSR Temple, Time TBD (Casts & Candidates Only)
10	Evangelist Chapter of Rose Croix – DCSR Temple, 7:30 p.m. (Members only)	NOVEMBER	
17	Robert de Bruce Council of Kadosh – DCSR Temple, 7:30 p.m. (Members only) / DCSR celebrates DeMolay: Developing young men into better leaders of character	1	Mithras Lodge of Perfection – DCSR Temple, 7:30 p.m. (Members only)
21	DC JROTC Awards Program – DCSR Temple, Time TBD PUBLIC EVENT	8	Evangelist Chapter of Rose Croix – DCSR Temple, 7:30 p.m. (Members only)
24	Albert Pike Consistory – Virtual Meeting, 7:30 p.m. (Members only) / Ill. Art DeHoyos, 33° G.C. discusses “A Poor Man’s Masonic Book Library”	10	Veterans Day – DCSR Temple Offices Closed
30	Memorial Day – DCSR Temple Offices Closed	12	DCSR Sesquicentennial Concert – DCSR Temple, 7:00 p.m.
JUNE		15	Robert de Bruce Council of Kadosh – DCSR Temple, 7:30 p.m. (Members only)
7	PEN/Faulkner – Virtual Program, 7:30 p.m., PUBLIC EVENT	22	Education & Community Services Awards – Virtual Program, 7:30 p.m. - PUBLIC EVENT
14	Evangelist Chapter of Rose Croix – DCSR Temple, 7:30 p.m. (Members only) / Author Derek Baxter discusses his new book: <i>In Pursuit of Jefferson</i>	24	Thanksgiving – DCSR Temple Offices Closed
20	Juneteenth (Observed) – DCSR Temple Offices Closed	DECEMBER	
21	Robert de Bruce Council of Kadosh – DCSR Temple, 7:30 p.m. (Members only)	6	Mithras Lodge of Perfection – DCSR Temple, 7:30 p.m. (Members only)
27	DCSR Golf Tournament – The Cannon Club, Lothian, MD	13	Evangelist Chapter of Rose Croix – DCSR Temple, 7:30 p.m. (Members only)
28	Albert Pike Consistory – DCSR Temple, 7:30 p.m. (Members only)	25	Christmas Day – DCSR Temple Offices Closed
JULY / AUGUST		27-31	Winter Break – DCSR Temple Offices Closed
4	Independence Day – DCSR Temple Offices Closed		
SEPTEMBER			
5	Labor Day – DCSR Temple Offices Closed		
6	Mithras Lodge of Perfection – DCSR Temple, 7:30 p.m. (Members only)		
13	Evangelist Chapter of Rose Croix – DCSR Temple, 7:30 p.m. (Members only)		
20	Robert de Bruce Council of Kadosh – DCSR Temple, 7:30 p.m. (Members only)		
27	Albert Pike Consistory – Virtual Meeting, 7:30 p.m. (Members only)		

- DCSR Body meeting
- Virtual meeting
- DCSR Event
- DCSR Reunion
- Holiday
- Public event. Family and friends are welcome.





# DCSR CONDUCTS VIRTUAL INSTALLATION OF 2022 VALLEY OFFICERS

## MITHRAS LODGE OF PERFECTION OFFICERS

**Jerry Keilsohn, 32° KCCH**  
*Venerable Master*  
Mithras Lodge of Perfection



<i>Venerable Master</i> .....	Jerry P. Keilsohn, 32° KCCH
<i>Senior Warden</i> .....	Jose-Luis Izursa, 32° KCCH
<i>Junior Warden</i> .....	Milos Jankovic, 32°
<i>Master of Ceremonies</i> .....	Daniel L. Matsumoto, 32°
<i>Expert</i> .....	Phillip Ogbunike, 32°
<i>Captain of the Host</i> .....	Darren A. King, 32°
<i>Trustee</i> .....	Ill. Paul D. Dolinsky, 33°



# DCSR CONDUCTS VIRTUAL INSTALLATION OF 2022 VALLEY OFFICERS

## EVANGELIST CHAPTER OF ROSE CROIX OFFICERS

**Luis G. Cisneros, 32° KCCH**  
*Wise Master*  
Evangelist Chapter of Rose Croix



<i>Wise Master</i> .....	Luis G. Cisneros, 32° KCCH
<i>Senior Warden</i> .....	Dominador S. Carreon, 32° KCCH
<i>Junior Warden</i> .....	Ill. Sylvanus J. Newstead, 33°
<i>Master of Ceremonies</i> .....	Noel D. Mason, 32°
<i>Standard Bearer</i> .....	Fitzgerald O. Williams, 32°
<i>Guardian of the Temple</i> .....	Phillipe Tatefo, 32°
<i>Trustee</i> .....	Ill. Fred W. Evans, 33°



# DCSR CONDUCTS VIRTUAL INSTALLATION OF 2022 VALLEY OFFICERS

## ROBERT DE BRUCE COUNCIL OF KADOSH OFFICERS

**Ill. Terry L. Royce, 33°**

*Commander*

Robert de Bruce Council of Kadosh



*Commander*.....Ill. Terry L. Royce, Sr., 33°  
*1st Lt. Commander*.....Hugues Nkamwa, 32°  
*2nd Lt. Commander*.....Miguel P. “Mike” Banagan, 32° KCCH  
*Chancellor*.....Marcelino C. “Mike” Casapao, 32°  
*Master of Ceremonies*.....Thomas Boakye, 32°  
*Lieutenant of the Guard*.....Michael E. Grierson, 32° KCCH  
*Trustee*.....Ill. Burton S. Levy, 33°



# DCSR CONDUCTS VIRTUAL INSTALLATION OF 2022 VALLEY OFFICERS

## ALBERT PIKE CONSISTORY OFFICERS

**Reef G. Farah, 32° KCCH**  
*Venerable Master of Kadosh*  
Albert Pike Consistory



<i>Venerable Master of Kadosh</i> .....	Reef G. Farah, 32° KCCH
<i>Prior</i> .....	Carpenter Y. Arpa IV, 32° KCCH
<i>Preceptor</i> .....	Stephen P. Higdon, 32°
<i>Chancellor</i> .....	Ziad J. Sahab, 32°
<i>Master of Ceremonies</i> .....	Khaled Derbas, 32°
<i>Captain of the Guard</i> .....	Frederick M. Cheeseborough III, 32°
<i>Trustee</i> .....	Ill. Carlos A. Landazuri, 33°
<i>Trustee-at-Large</i> .....	Ill. Solomon S. Jackson, 33°



# DCSR CONDUCTS VIRTUAL INSTALLATION OF 2022 VALLEY OFFICERS

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## D.C. SCOTTISH RITE GENERAL OFFICERS

*General Secretary* ..... Ill. Carroll J. Collins, 33°  
(Appointed by the SGIG of the Supreme Council)

*AMSRB NATO Club Secretary/Personal*

*Representative - Germany* ..... Ill. James E. Barrett, 33°

*Personal Representative - Italy* ..... Ill. Ronald Reynolds, 33°

*Treasurer* ..... Ill. Messanvi R. Adjogah, 33°

*Assistant Treasurer* ..... Luis G. Cisneros, 32° KCCH

*Almoner* ..... George E. Perez, 32° KCCH

*Assistant Almoner* ..... Basil N. Mossaidis, 32° KCCH

*Director of Work* ..... Ill. Scott E. Brown, 33°

*Assistant Director of Work* ..... Ill. Donald M. Holliday, Sr., 33°

*Assistant Director of Work* ..... Ill. Philip J. Palmer, 33°

*Director of Special Projects* ..... Ill. William T. Rule II, 33°

*Chaplain* ..... Rabbi Kenneth L. Cohen, 32° KCCH

*Associate Chaplain* ..... Carpenter Y. Arpa IV, 32° KCCH

*Associate Chaplain* ..... Quardricos B. Driskell, 32°

*Associate Chaplain* ..... Ill. Fred W. Evans, 33°

*Associate Chaplain* ..... Ill. Carlos A. Landazuri, 33°

*Tiler* ..... Ill. David L. Andrukitis, 33°

*Valley Archivist & Historian* ..... B. Chris Ruli, 32° KCCH

*Photographer* ..... Jacob Foko, 32° KCCH



# NEW TRUSTEES ELECTED AND INSTALLED

The Valley welcomes and congratulates each of the following Brethren who are either serving as a new trustee or remaining as a trustee but with a new portfolio.



**Ill. Paul D. Dolinsky, 33°**  
Trustee, Mithras Lodge of Perfection



**Ill. Solomon S. Jackson, 33°**  
Trustee, Albert Pike Consistory

## SCOTTISH RITE FOUNDATION TRUSTEES

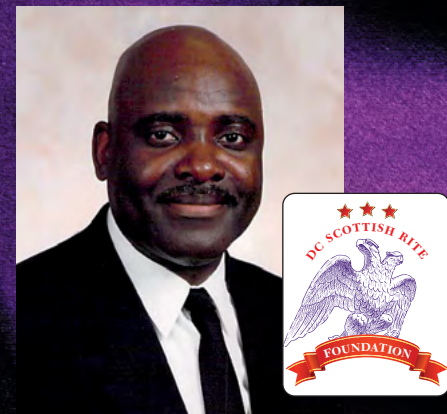
Ill. George R. Adams, 33° G.:C.:  
Miguel P. Banagan, 32° KCCH  
Shawn D. Bartley, 32° KCCH  
Ill. Grant R. Berning, 33°  
Luis G. Cisneros, 32° KCCH  
Elkanah E. Faux, 32° KCCH  
Eric B. Kuchner, 32° KCCH



**Ill. Grant R. Berning, 33°**  
Trustee, DC Scottish Rite Foundation



**Luis G. Cisneros, 32° KCCH**  
Trustee, DC Scottish Rite Foundation



**Elkanah E. Faux, 32° KCCH**  
Trustee, DC Scottish Rite Foundation

## ELECTED KNIGHTS OF SAINT ANDREW



**Brother Sean J. O. Randall, 32°**  
2022 Chieftain of the K.S.A.

*Chieftain* .....Sean Randall, 32°  
*Prior* .....Tom Roston, 32°  
*Marshal* .....Jon C. Simpson, 32°  
*Secretary* .....Alexander Morales, 32°



# Examining the Ancient Origins of Mithras

By B. Chris Ruli, 32° KCCH, Valley Historian and Archivist

In the Ancient and Accepted Scottish Rite, a candidate's first step or initiation into the rite's Mysteries is through a *Lodge of Perfection*. In this Masonic body, candidates receive the 4° through the 14° and are collectively referred to as the *Ineffable* Degrees because a candidate is asked to investigate the ineffable name of Deity. When we consider our valley's own lodge, *Mithras Lodge of Perfection*, we find in the name its own ineffable mystery. While the body has thrived in Washington for over one hundred and fifty years, no record exists as to why the lodge's charter members decided on the name Mithras. Fortunately, our answer may be found in antiquity with an ancient society that shares striking similarities to our own fraternity.

In 1896, Belgian archeologist Franz Cumont published *Textes et Monuments Figurés Relatifs Aux Mystères de Mithra* (Texts and Illustrated Monuments Relating to the Mysteries of Mithra),

in 1971 suggests that the Romans likely adopted Mithras in name only with separate religious customs and rituals. Unfortunately, much of what we know about this Roman cult is based on artifacts and murals found in Mithraic temples called *Mithraeum* or *Mithraea* (plural). Few written accounts survive and do not disclose their activities or rituals in detail. This has led scholars to believe that ritual and other important information was

mostly transmitted through word-of-mouth. This would be no different if Freemasonry shared a similar fate and archeologists stumbled upon a masonic temple. Researchers would have likely identified the fraternity's symbols and characters through working tools or perhaps murals painted on temple walls, but have limited understanding of the signs, grips, and words communicated verbally.



B. Chris Ruli, 32° KCCH



Mithraeum under the Circus Maximus in Rome, Italy

which examined the ancient Mithras cult that flourished within the Roman Empire between the First and Fourth Century A.D. In 1904, Cumont's work was translated into English but his findings had already drawn significant praise and impact in the field. More discoveries and research propagated overtime, as new Mithraic temples and artifacts were found, which expanded our understanding of this ancient cult. As Mithraic study matured, Masonic scholars entered the discussion and found striking similarities between Freemasonry and Mithras.

The name *Mithras* derives from the Hindu and Zoroastrian deities Mitra and Mithra, respectively. While Cumont proposed that Mithraism began in Persia (now Iran), research presented during the first International Conference of Mithraic Studies

where food was prepared or consumed. Anterooms, storage rooms, dining halls, and raised podiums are all common spaces found in contemporary Masonic halls.

Mithraea appear throughout the Roman Empire but concentrate around former border territories including present-day England, Algeria, Germany, Turkey, France. This suggests that the cult was popular with the army and/or diplomatic corps. The largest concentration can be found in Rome, which is believed to be the cult's headquarters. Perhaps Mithras Lodge's founding members selected the name as a nod to this distinction. While there are many Scottish Rite temples throughout the country and world, the Supreme Council meets in the American capital, Washington, D.C.

continued on next page



Another common misconception, attributed initially by Cumont's work, was that Mithras served as a serious challenge to Christianity. Again, contemporary research suggests that Mithraism may not have posed as serious a threat, especially since members accepted only male candidates. Its concentration in border territories also indicates less interest within Rome. Nevertheless, the cult effectively died out by the fourth century.

Every Mithraeum features a sculpted or painted rendition of the *Tauroctony* in which the god Mithras slays a bull. The scene is so prominent in the cult that it is most likely the central or critical moment in their initiation process akin our fraternity's Third Degree. The bull is almost always placed on the ground, shown in profile facing left (the viewer's right), and half straddled by Mithras. Mithras' head is turned facing over his right shoulder to look at Sol, the God of the Sun. He is often equipped with a knife or sword and dressed in a tunic and Phrygian cap. Death or sacrifice clearly plays an important role in ancient ritual, which also appears within the fraternity's ritual.


Candidates undergo a seven-grade system of initiation. Like the Masonic degrees, each grade is associated with a specific set of symbols. A complete set of the seven grades were discovered under the Santa Prisca Church in Rome, Italy in 1934. The grades and symbols, in order, are:

1. Corax, the raven.
2. Nymphus or Gryphus, the lamp.
3. Miles, the soldier dressed in helmet and lance.
4. Leo, the lion and a fire-shovel.
5. Perses, a hooked dagger and crescent moon.
6. Helodromus, a torch.
7. Pater, father and libation bowl.



A second century mosaic depicting symbols of the fifth grade of Mithraic initiation

Upon completion of the seven grades, a candidate is introduced or welcomed by a handshake and is thus invested with the title of *Syndexioi*. Fragments of ritual have also been found etched into stone and indicate a question-response format known to Freemasons.

While there is much we don't know about ancient Mithras, Cumont and future researchers have compiled enough information to enable Masonic researchers to find commonalities with our own fraternity. Interest in Mithras and near-east religions fascinated our Masonic predecessors even before Cumont's work. Grand Commander Albert Pike, for example, was so interested in Eastern religions that he published his own book on the topic, *Indo-Aryan Deities and Worship as Contained in the Rig-Veda*, in 1872 - two years after Mithras Lodge of Perfection's formation. He dedicates an entire chapter of his book on "Mithra and the Sun." Perhaps Mithras' charter members wished to acknowledge the Grand Commander by naming the valley's Lodge of Perfection after one of Pike's Masonic interests. 

# DC SCOTTISH RITE'S 2022 FALL REUNION SATURDAY, OCTOBER 29

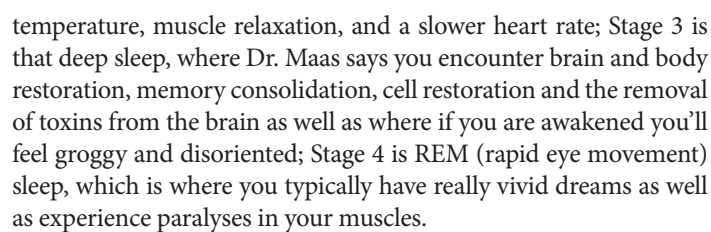
For further information and a petition visit:  
**[dcsr.org/forms-and-petitions](https://dcsr.org/forms-and-petitions)**



# How to Know if You Get Enough Deep Sleep

What to know about this critical stage of shuteye.

## Your Good Health Tip



temperature, muscle relaxation, and a slower heart rate; Stage 3 is that deep sleep, where Dr. Maas says you encounter brain and body restoration, memory consolidation, cell restoration and the removal of toxins from the brain as well as where if you are awakened you'll feel groggy and disoriented; Stage 4 is REM (rapid eye movement) sleep, which is where you typically have really vivid dreams as well as experience paralyzes in your muscles.

**S**leep deprivation isn't just bad for your driving and thinking ability. During those seven to nine hours of snooze time you should be getting, the brain and the body undergo various recovery processes. Without that, you leave yourself open to a host of issues, including heart disease, erectile dysfunction, and a weakened immune system among other problems.

But great sleep isn't just about the number of hours. Sleep is a complex system that is comprised of different phases, and experts say that the deep sleep phase is where the real magic happens.

What is deep sleep? Deep sleep begins relatively early in our sleep period—about 20 to 30 minutes after sleep onset—and dominates the first half of the night. It lasts as much as an hour at a time and returns about every 90 minutes. “It is the cycle of sleep that is most restorative,” explains *Men's Health* magazine advisor W. Chris Winter, MD, a neurologist, sleep specialist, and author of *The Sleep Solution*. “It's when we produce the majority of our growth hormone.” For kids, this hormone is what makes them grow and develop. For adults, it's a chemical involved in recovery and youthfulness, Dr. Winter says. Basically, deep sleep, also known as slow-wave sleep, is what keeps our immune system functioning, strengthens our bones and muscles, helps prevent injury and helps us recover from it, and it contributes to a host of other necessary bodily functions.

### How much deep sleep do you need?

In general, if you are getting about eight hours of sleep, you can expect to cycle through the entire sleep process about four to five times a night. “You are going to get your big doses of [deep] sleep within the first two 90-minute cycles,” says James Maas, PhD, past chairman and professor of psychology at Cornell University and author of *Power Sleep*, *Sleep for Success*, and *Sleep to Win!*.

Maas prefers to call deep sleep “sound sleep,” since technically REM sleep is a deeper level of sleep than the stage that has been coined “deep sleep.” But whatever it is called, this stage and all of the others are important and have specific functions. In Stage 1, you begin dozing off and your body and brain movement begins to slow down; Stage 2 is a light sleep where you'll experience a drop in

Deep sleep is what makes us feel rested and restored the next day rather than, well, sleepy. Think of it this way: “When someone says, “Damn, that was a great sleep last night!” they are usually commenting on their amount and quality of deep sleep,” says Dr. Winter. “I often say that deep sleep is the sleep we “feel.” So, if you wake up and you don't feel rested, chances are, you didn't get enough of these specific ZZZs.

There's no exact number for how much deep sleep you need. And there's not a ton you can do to engineer more deep sleep for yourself. Be aware, however, that the first three-hour block of sleep is the timeframe in which you'll nab about two hours of deep sleep. It's also the time where your deep sleep is most robust, says Dr. Winter. “The cycles of deep sleep typically shorten as the night progresses.” Sleep cycles vary from person to person and night to night. And factors including medications and alcohol can affect them.

### What happens if you don't get enough deep sleep?

In the short term, lack of deep sleep simply means you are going to be very sleepy the next day. When you start to miss out on deep sleep regularly, issues can arise. “You just ‘age’ faster,” says Dr. Winter. You have “more illness, injury and less ability to recover from the day-to-day wear and tear on our bodies.” While there's no formula that can get you more deep sleep per night, making sure that you get adequate sleep every night can help.

By Rozalynn S. Frazier for *Men's Health* magazine. Rozalynn S. Frazier is an award-winning, multimedia journalist, and certified personal trainer living in New York City. 

# Men'sHealth



# The Transformation of Chronic Pain Care

Dr. Hascalovici, Clearing Co-Founder and Chief Medical Officer, would like to express his deep appreciation for being invited to address members of the Scottish Rite. “The audience members were so engaged and well-informed,” Dr. Hascalovici said, “it was an honor to be included.”

During his talk, Dr. Hascalovici addressed the problem of long term, persistent pain, which affects more than 50 million people across the United States. Chronic pain, he said, is pain that does not resolve within three to six months. People with long term pain face significant roadblocks to receiving sufficient care, not least because there are so few specialists in chronic pain management. Prohibitive costs and the inflexible nature of long-lasting pain often complicate patients’ quest to find relief as well.

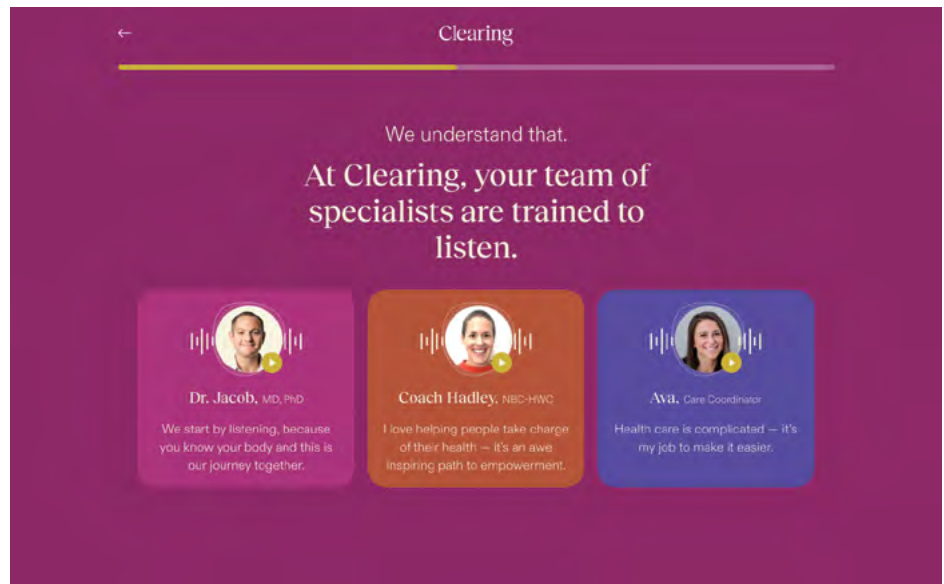
This is why Dr. Jacob co-founded Clearing, a company that transforms pain care by offering comprehensive, whole body care online. To lower costs and help more people manage their pain, Clearing combines telemedicine and scientifically-grounded treatments.

“There are way too many people who are suffering without getting the care they need, and it just doesn’t need to be that way,” Dr. Hascalovici said.

Now people with long-lasting pain can sign up for a Clearing membership. For an affordable monthly fee, they receive personalized, comprehensive treatment that addresses behavioral changes, offers psychological support, enables contact with pain specialists, provides tailored exercises and delivers regular shipments of custom treatments. For example, under their pain specialist’s guidance, a Clearing patient may receive 1:1 coaching on health behaviors and habits that promote healing; the patient may also take compounded



pain cream and targeted nutraceuticals. Coordinated social support, mind-body techniques like mindful breathing, and a patient community offer additional support.




Rather than use the previous model of pain management, which relied heavily on prescription medications, including opioids, Clearing is based on the biopsychosocial model of pain care. This model positions pain as a complicated phenomenon with potential biological, psychological, and social facets, and coordinates multi-modal treatments delivered by a multidisciplinary care team for maximum pain reduction.

## About Dr. Hascalovici

Dr. Jacob Hascalovici MD, PhD, is an interventional pain specialist and the Co-Founder and Chief Medical Officer of Clearing, a telehealth platform for chronic pain patients.

## Clearing

Clearing:  
[www.clearing.com](http://www.clearing.com) 



“ There are way too many people who are suffering without getting the care they need, and it just doesn’t need to be that way. ” – Dr. Jacob Hascalovici



# In and About the Temple

By III. Carroll J. Collins, 33°, General Secretary

**G**ood day, Brethren! I am looking forward to seeing you and sharing meals and fellowship when we begin in-person meetings again in April. The office staff have been here right along keeping up with the daily business, paying bills, and doing their best to keep our eighty-two-year-old home in good shape. If you haven't been in the neighborhood recently you will notice the giant banner suspended from the building northside parapet noting our 150 years of Scottish Rite Freemasonry in the District. The Mithras Lodge of Perfection was founded in 1870, with the other three bodies being chartered biennially thereafter until 1876.

We have also had the ironwork painted to match the grand entrance doors and provide a bit more contrast with the steps for safety. The lower lodge room has been dismantled to create some much-needed storage, work has started on the connection between the kitchen and loading dock to facilitate food delivery and cleanup by our

catering vendors, and the landscaping on the southside of the building should begin during the first week of April.

My final bit of news is that our custom software vendor has submitted the DCSR app that they developed to Apple for review. When approved it will be available for both Apple and Android mobile phones at the Play Store and on the DCSR website. The office staff has had an opportunity to "test drive" it and find that it has all of the functionality of our previous DCSR app that went away when the previous developer went out of business. We will let you know as soon as it is available. 🐼



III. Carroll J. Collins, 33°



## DCSR's RiteCare Director Honored by His Peers

**D**r. Tommie L. Robinson, Jr. has been awarded the 2021 Honors of the American Speech-Language-Hearing Association (ASHA). It is the highest award given by the over 218,000-member organization for speech-language pathologists, audiologists and speech, language, and hearing scientists. Dr. Robinson has been director of the Scottish Rite Center for Communication Disorders at Children's National Hospital since 1992. In addition, he is Chief of the Division of Hearing and Speech and is an associate professor of Pediatrics at the George Washington University School of Medicine and Health Sciences.

The ASHA Honors is bestowed upon those members whose contributions have been of such excellence that they have enhanced or altered the course of the professions. As the first African American male president of ASHA, Dr. Robinson was



Dr. Tommie L. Robinson, Jr.

recognized for several areas that were seen as catalysts for change. He was one of the earliest researchers to examine the characteristics of fluency and disfluencies in African Americans which laid the foundation for the application of that knowledge to developing intervention paradigms for African American children who stutter; he is recognized as an expert in inclusive leadership and is highly sought after as a speaker in this area and its application to communication sciences and disorders; he has spent years developing continuing education activities for colleagues through the national RiteCare Conferences; and his greatest accomplishment is in diversity and inclusion, specifically mentoring minority professionals with emphasis on African American males. The award was presented at the Annual ASHA Convention, which was held in November 2021 in Washington, D.C. 🐼



# An Exciting New Partnership to Create Your Own Scottish Rite Legacy

By Eric B. Kuchner, 32° KCCH

Each in our own way we all enjoy the warmth, values, rituals, camaraderie, enlightenment, and support of our vibrant Scottish Rite community. As an organization, we are living off of the generosity of our Masonic ancestors. Who will keep these experiences alive and thriving for future generations?



The Scottish Rite has launched an exciting new partnership with FreeWill that is having an immediate impact! FreeWill is a “socially good enterprise” that makes it easier than ever for our members to support our Scottish Rite Foundation, by choosing a giving method that can also help them:

- Brethren can now donate stock in just a few minutes online and save on taxes as they make an immediate difference for the communities we serve. Stock donors can also take a deduction equal to the full value of the stock.
- Those 70½ or older can now give through an IRA easily, without the complicated paperwork process previously needed to complete this tax-smart gift. IRA gifts can also help Brethren over 72 meet their Required Minimum Distribution (RMD).
- At any age, Brethren can now create an estate plan for free and establish their Masonic legacy.
- FreeWill offers a secure, online will-writing service and allows our members to safeguard the future of their family and the Scottish Rite’s charities quickly and easily.

Just as Masonry and the “Ethos of Giving” is a lifelong commitment, we want personal philanthropy to be sustainable over the course of a brother’s lifetime and customizable to each brother’s comfort. This partnership is intended to support every brother’s financial wellness while inviting them to enhance our Scottish Rite community. Our new FreeWill philanthropy program:

- Is Free to Scottish Rite members
- Full funding for the launch was provided by anonymous Scottish Rite donors
- It is a simple online legal Will maker
- FreeWill licensing for the Scottish Rite was established in 2022 and a Legal confidentiality agreement is in place with FreeWill
- The workflow is intuitive and takes as little as 20 minutes
- You can create several different Estate Plan documents

Creating your own Scottish Rite Legacy ensures that your passions and the values you cherish will continue beyond your lifetime. Through the Scottish Rite’s FreeWill Program, you can easily create a meaningful gift without reducing your funds during your lifetime. Stay Tuned! An in-person FreeWill presentation with Q&A will soon be scheduled for one of our Tuesday evening meetings this Fall. For further information, explore [www.FreeWill.com](http://www.FreeWill.com). 🐼



Eric B. Kuchner, 32° KCCH







# In Memoriam

## ROSE CROIX NOTICE

**These Brethren were remembered and memorialized during the Valley's  
March 22, 2022 Ceremony of Remembrance and Renewal.**

Frederick B. Adams, 32°

James W. Adams, 32°

Charles T. Anderson, 32°

Scott M. Applebee, 32°

William G. Applestein, 32°

Dock H. Autry, 32°

Ill. Clarence M. Bacon, 33°

Warren I. Barrows, 32°

Alan D. Basham, 32°

Jerome M. Bauman, 32°

Stanley A. Bell, 32°

Charles D. Biggs, 32°

Francis C. Brady, 32°

Samuel G. Brafford, Jr., 32°

R. E. Brensinger, Jr., 32°

Norman W. Broyles, 32°

Frederick C. Bunch, 32°

Weldon J. Campbell, Jr., 32° KCCH

Ray E. Camper, 32°

E. Walter Carter, 32°

Alvin E. Chalk, 32°

Parviz Changizi, 32°

James W. Chasteen, 32°

Arthur Cherpack, 32°

Alan R. Coburn, 32°

Frank E. Compitello, 32°

Cecil L. Cook, 32°

Harold Corman, 32°

Robert D. Cromwell, 32°

Joshua Crupi, 32°

William R. Culpepper, 32°

H. G. Cummings, Jr., 32° KCCH

Maurice J. Curcio, 32°

Dick S. Diller, 32°

Robert W. Disbennett Sr., 32°

Ill. Robert F. Drechsler, 33° G.C.

Elmer H. Duff, 32°

Dennis D. Dumire, 32° KCCH

Wolfgang Durst, 32°

Samuel Eisenberg, 32°

Daniel J. Elias, 32°

Charles S. Feingersh, 32°

Herbert M. Fetherlin, 32°

Ill. Arnold L. Flottman, Jr., 33°

Hugh B. Foster, 32°

Raymond Friedman, 32°

Ill. John R. Garrison, 33°

James E. Geary, 32°

Morris Gevinson, 32°

Walter R. Gillette III, 32°

Harold Golden, 32°

William A. Gronquist, 32°

Robert T. Groppenbacher, 32°

Richard A. Hagen, 32°

William M. Hancock, 32°

Jordan L. Harding, 32°

Robert N. Hatch, 32°

William I. Heath, Jr., 32°

Ziaeddin Heyat, 32°

Stout J. Hill, Jr., 32°

William R. Hillsman, 32°

Ill. William D. Hines, 33°

Marshall G. Hoffman, 32°

James M. Holt, Sr., 32°

Terry Johnson, 32° KCCH

Myer B. Kahn, 32°

William C. Kight, 32°

Arthur J. King, 32°

Ill Dean E. Klinger, 33°

Fredrik A. Kolle, 32°

Hilmer H. Krebs, 32°

Burt M. Kurtz, 32°

R. A. Langdon, 32°

Bernard Laps, 32°

Uriel H. Leach, Jr., 32°

Jean-Pierre L.G. Leduc, 32°

Donald W. Lockhart, 32°

Glenn R. Looper, 32°







*They still live on Earth in the acts of goodness they performed  
and in the hearts of those who cherish their memory.*

Ebenezer Macauley, 32°  
Everett G. Mattos, 32°  
Richard H. Mayfield, 32°  
Nicholas J. McIntosh, Sr., 32° KCCH  
Lanier P. McLachlen, Jr., 32°  
Lyle C. McLaren, Jr., 32°  
Calvin J. McMillion, 32°  
Clarence I. Meiggs, 32° KCCH  
Ramon F. Merlin, 32°  
Jack A. Mettee, 32°  
Joe F. Mills, 32°  
Edmund A. Minster, 32°  
Henry Mishkin, 32°  
William C. Moore, 32°  
William F. Mortimer, Jr., 32°  
Herman C. Needles, 32°  
Harold A. Neumann, 32°  
Nelson O. Newcombe, 32° KCCH  
Andrew H. Norford, 32°  
Ronald S. Ontko, 32°  
Albert L. Paul, 32°

Howard Polinger, 32°  
Rudolph H. Porter, 32°  
Mariano A. Quinto, Jr., 32°  
John U. Raymond, 32°  
Angel Reantoquio, 32°  
William C. Reynolds, 32°  
Jasper A. Roberson, 32°  
Ezra Z. Roberts, 32°  
George C. Ross, Jr., 32°  
Ara B. Sahagian, 32°  
Merle C. Sampley, 32°  
L. Arnold Schafer, 32°  
Charles H. Schools, 32°  
Charles E. Secrest, 32°  
John L. Shelton, 32°  
Albert W. Sheranko, 32°  
Donald D. Showalter, 32°  
Casper Sickmen, 32°  
Ill. Walter F. Simon, 33°  
Howard M. Steele, Jr., 32°  
George R. Stephenson, 32°

Daniel D. Stoner, 32°  
William T. Strahan, 32° KCCH  
James L. Terry, 32°  
William R. Thompson, 32°  
Aston B. Trollinger, 32°  
Asadur Tufeckgian, 32° KCCH  
Jerry W. Turner, 32°  
Charles E. Vannoy, 32° KCCH  
Thomas D. Verner, 32°  
Paul R. Wallace, 32°  
Daniel C. Walser, Jr., 32°  
David H. Watson, 32°  
Davis S. Watson, 32°  
Gerald E. West, 32°  
John P. Widener, Jr., 32°  
Arthur C. Wieseemann, 32°  
James L. Wilbar, 32°  
Charles L. Wilbur, Jr., 32°  
Richard E. Williamson, 32°  
Everett D. Willis, 32°  
Herman Zeitchik, 32°







# IN MEMORIAM

ILLUSTRIOUS  
ROBERT FRANCIS DRECHSLER,  
33° GRAND CROSS

APRIL 9, 1933 – OCTOBER 20, 2021





## ROBERT F. "BOB" DRECHSLER



Most Worshipful Brother Robert "Bob" F. Drechsler, Past Grand Master of the Grand Lodge of the District of Columbia ascended to the Celestial Lodge Above on Wednesday, October 20, 2021. He was 88 years old. A native Washingtonian, Bob was born on April 9, 1933, to Carl and Anna Agnes Drechsler. After his mother's death in 1935, he and his older siblings were raised in the German Orphan Home. He attended Anacostia High School where he was active in music, clubs, and the National Honor Society, later graduating from the University of Maryland with a Bachelor of Arts in Floriculture. Bob served in the United States Army and played for the Third Army Band as a clarinetist. He was honorably discharged in November 1962 and joined the U.S. National Arboretum as an agricultural technician in their plant breeding program. In 1975, he was appointed the first Curator of the National Bonsai and Penjing Museum, where he served until his retirement in 1998, and continued to volunteer until 2015. His forty years of government service garnered him several accommodations including recognition from the Nippon Bonsai Association and a Meritorious Service Award from the Bonsai Clubs International.

Brother Drechsler began his long and distinguished Masonic career as a DeMolay in Anacostia Chapter, where he served as Master Councilor in 1953, and for many years later as Chapter Advisor, also serving the DeMolay Supreme Council as an advisor during their national leadership conferences. In 1969, he received the Order's highest honor, the Legion of Honor (Active) and was elected an Honorary member of the DeMolay Supreme Council. He was raised to the Sublime Degree of Master Mason on August 16, 1954, in Anacostia Lodge No. 21, where he served as the Lodge's centennial Master in 1969, and then as a trustee for over three decades. In 1987, he was awarded the Grand Lodge Distinguished Service Medal, the fraternity's highest honor. In 1991, he was elected Junior Grand Steward and progressed through the Grand Lodge line until his election as Grand Master of Masons of the District of Columbia in 1997. Bob was also active in many of the District's Masonic appendant bodies. He was a member of Columbia Chapter No. 1, Royal Arch Masons; St. Simeon Stylites Conclave, Red Cross of Constantine; the Royal Order of Scotland; Electa Chapter No. 2, Order of Eastern Star; and Almas Shriners. He was a particularly active and much decorated member of the DC Scottish Rite, where he served as Venerable Master of Mithras Lodge of Perfection in 1977 and Wise Master of Evangelist Rose Croix in 1985, as well as Stage Director for 15 years. He was invested the rank of Knight Commander of the Court of Honour in 1975; coronetted an Inspector General Honorary, 33° in 1983; and elected a Grand Cross, that organization's highest honor, in 2011. Perhaps his most lasting legacy was his chairmanship of the Grand Lodge Library and Museum Committee, which he held for over four decades. Under his stewardship, the Library and Museum relocated from the 13th Street Masonic Temple to its current location in the Grand Lodge office in the Palisades. He worked tirelessly to keep and manage the Grand Lodge's historic collections, often performing the maintenance and cataloging efforts by himself. He led projects to organize, catalog and preserve the Grand Lodge's most important and treasured relics. He served as a dutiful advisor and supporter to future generations of young DeMolays and Masons interested in learning more about Freemasonry in the District of Columbia, and he will be dearly missed by all.

Bob is preceded in death by his siblings: Albert, Carl, George, Elsie, Thomas, Richard, Mary Louise and Gerald. He is survived by his sister Jane Ellen and many nieces and nephews. Memorial contributions may be made to the National Bonsai Foundation at [bonsai-nbf.org](https://bonsai-nbf.org); or to the DC Scottish Rite Center for Childhood Language Disorders at [dcsr.org/scottish-rite-charity/](https://dcsr.org/scottish-rite-charity/).





## DC SCOTTISH RITE TEMPLE

2800 16th Street NW, Washington, D.C. 20009

Tel: 202-232-8155 Website: [dcsr.org](http://dcsr.org)

# DC SCOTTISH RITE FOUNDATION 2022 Golf Outing Monday, June 27, 2022 The Cannon Club in Lothian, Maryland



For information visit [dcsr.org/golf](http://dcsr.org/golf)

